

Thriller

拍數: 64 牆數: 4 級數:
編舞者: Britt Beresik (USA) - September 2017
音樂: Thriller (Single Version) - Michael Jackson



(Modified from Ines Markeljevic's "Thrill The World" Choreography)

Alt. music: Thriller/Heads Will Roll Artist- Glee Cast

Start dance facing 9:00 Wall (Wall 4) - the first will be Wall "0" for the intro....begin with first beat of music

#1. THE ZOMBIE WALK - Traveling Forward (8 counts):

1-4 Step R, Hold; Step L, Hold

***Head and Shoulder Twitch Right on each "Step"**

5&6, 7&8 Shuffle RLR, Shuffle LRL

#2. THE ZOMBIE WALK - Traveling Backward (8 counts)

1-4 Step R, Hold; Step L, Hold

***Head and Shoulder Twitch Right on each "Step"**

5&6, 7&8 Shuffle RLR, Shuffle LRL

#3. ROARING GRAPEVINE - Traveling Right (8 counts):

1-4 Grapevine RLR, Tap L

5-8 Step L, Tap R, Step R, Tap L

***Arms are in "ROAR" position in direction of travel, Swinging Arms from side to side with the Step Taps (FRONT/BACK WALLS ONLY)**

#4. ROARING GRAPEVINE - Traveling Left (8 counts):

1-4 Grapevine LRL, Tap R

5-8 Step R, Tap L, Step L, Tap R

***Arms are in "ROAR" position in direction of travel, Swinging Arms from side to side with the Step Taps (FRONT/BACK WALLS ONLY)**

#5. HIPS (8 counts):

1-2 FACING FRONT - Stomp R, with Hip Swing R

3-4 1 /4 TURN TWIST to L - Stomp R, with Hip Swing R

***Arms swing and snap R on both Hip Swings**

5-8 Digging R foot, 2 Michael Jackson bounces [Bend up, Bend up]

***Right hand on Pelvis, Left hand straight out to side - crank wrist**

#6. SWIM (8 counts):

1-2&3-4 TRAVELING RIGHT: Step R, together; (&)Step R, (3)Tap L; (4)Hold

5-6&7-8 TRAVELING LEFT: Step L, together; (&)Step L, (3)Tap R; (4)Hold

***Twist upper body in direction of travel**

***Swim Arms in Breast Stroke Motion, with Claws**

#7. STOMP (8 counts):

1 Stomp R (opening stance)

2 Bend both knees & drop, hands on thighs

3-8 (Holding body position)- STOMP MARCH FORWARD: L, R, L, R, L, R

#8. STOMP TURN (8 counts):

1-6 (Over Right Shoulder - HALF TURN, holding body position) - Stomp L, R, L, R, L, R

7-8 Slow stand, with Quick Head Lift

REPEAT TO END

OPTIONAL with "Thriller - Single by Michael Jackson" version-

Add TAG after WALL 3 - music @ approx 2:20

TAG: 6 count ZOMBIE WALK & THEATRICALS in a full circle [should look random and "uncoordinated" within the group

ex: twitching, limping, twisting, lurching

Edited - 9/20/2017

Contact: bberesik@gmail.com
