

Rumble In The Jungle

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Jean-Pierre Madge (CH), Jannie Tofte Stoian (DK) & Kirsten Matthiessen (DK) -
September 2017
音樂: Wild Life - Jack & Jack



Phrasing : A, A, B, C, A, A, B, C, A, A, Tag, B, C, C
Intro : 32 counts (app. 14 seconds into track)

A: 32 counts

A1: Dorothy Step R & L, Rock, Recover w/Sweep

1-2&3 Step R diagonally fw (1), hold (2), lock L behind R (&), step R diagonally fw (3)
4-5&6 Step L diagonally fw (4), hold (5), lock R behind L (&), step L diagonally fw (6)
7-8 Rock R fw (7), recover onto L sweeping R CW (8) (12:00)

A2: Back sweep, Behind side cross, ¼ L x2, Cross Rock

1-2 Step R back sweeping L CCW (1-2),
&3-4 Cross L behind R (&), step R to R side (3), cross L over R (4)
5&6 Hold (5), turn ¼ L stepping R back (&), turn ¼ L stepping L to L side (6) (06:00)
7-8 Cross Rock R over L (7), recover back on L (8)

A3: Side, Behind side, Rock, Recover/Coaster step

1-2 Step R to R side (1), hold (2)
&3 Cross L behind R (&), step R to R side (3),
4-5 Rock L fw (4), hold (5)
&6-7 Recover onto R starting a coaster step (&), step L next to R (6), step/place R forward (7)

A4: Swivel ½ L, Ball Step, Lean, Down x2, Recover, Together

8-1 Turn ¼ L swivelling L heel in (8), turn ¼ L swivelling R heel out (1) (12:00)
2&3 Hold (2), step L next to R (&), step/place R back (weight on both feet) (3)
4-5&6 Lean back onto R angling body diagonally (4), hold (5), transfer weight onto L bending knees
x2 (&6) (1 :30)
7-8 Transfer weight back onto R straightening back up (7), step L next to R (8)

When going into A

8 Turn 1/8 L stepping L next to R (12:00)

When going into Tag

7-8 Turn ¼ R transferring weight back onto R, step L next to R (03:00)

B: 32 counts

B1: 5/8 R Jazzbox, Sweep, Jazzbox

1-2 Turn 1/8 R crossing R over L (1), hold (2) (03:00)

Transitioning from the Tag

Leave out the first 1/8 R and just cross R over L (1)

3-4-5 Step L back (3), ½ R stepping R fw sweeping L CW (4-5) (09:00)
6-7-8 Cross L over R (6), step R back (7), step L to L side (8)

B2: Cross rock, Recover Sweep, Back Sweep, Behind, Side, Forward

1-2 Cross rock R over L (1), hold (2)
3-4-5 Recover onto L sweeping R CW (3), step R back sweeping L CCW (4-5)
6-7-8 Cross L behind R (6), step R to R side (7), step L fw (8)

B3: Mambo fw, Mambo back

1-2-3-4 Rock R fw (1), recover onto L (2), step R back (3), hold (4)
5-6-7-8 Rock L back (5), recover onto R (6), step L fw (7), hold (8)

B4: Step ½ L step, Touch, Step touch x2

1-2-3-4 Step R fw (1), turn ½ L stepping onto L (2), step R fw (3), touch L next to R (3 o'clock)
5-6 Step L diagonally fw (5), touch R next to L (6)
7-8 Step R diagonally fw (7), touch L next to R (8)

C: 32 counts

C1: ¼ R Jazz box w/ hold

1-2 Step L to L side (1), hold (2)
3-4 Cross R over L (3), hold (4)
5-6 Step L back (5), hold (6)

Styling, count 1-6:

Knees slightly bent, alternating shoulder dips on all counts, arms dangling behind you

On the last C

Turn ¼ R stepping L back (5)

7-8 Turn ¼ R stepping R to R side (R arm in front of your face bent at elbow, L arm out to L side – dab) (7), slide L next to R (8) (06:00)

C2: Walk walk, Touch step x2, Together

1-2-3 Step L fw (dropping arms) (1), hold (2), step R fw (3)
4-5 Touch L next to R (4), step L diagonally fw (5)
6-7-8 Touch R next to L (6), step R diagonally fw (7), Step L next to R (8)

C3: ¼ L Jazz box w/hold

1-2 Step R to R side (1), hold (2)
3-4 Cross L over R (3), hold (4)
5-6 Step R back (5), hold (6)
7-8 Turn ¼ L stepping L to L side (L arm in front of your face bent at elbow, R arm out to R side – dab) (7), hold (8) (03:00)

C4: Behind, ¼ L, Touch step x2, Touch

1-2-3 Cross R behind L (dropping arms) (1), hold (2), turn ¼ L stepping L fw (3) (12 :00)
4-5 Touch R next to L (4), step R diagonally fw (5)
6-7-8 Touch L next to R (6), step L diagonally fw (7), touch R next to L (8)

On the second to last C

Step R next to L (8)

TAG (03:00)

Out out in in x2, Shake

1-2-3-4 Out out R-L (1-2), in in R-L (3-4)
5&6& Out out R-L (5&), in in R-L (6&)
7-8 Shake everything (7-8) (weight ends on L)
