

Feel It Still

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - September 2017
音樂: Feel It Still - Portugal. The Man : (iTunes)



Intro: 32 Count

[S1] Cross Toe Strut, Side Toe Strut, Cross Shuffle, Side Rock-Recover

1 2 3 4 Cross/touch left toe forward, Drop left heel, Touch right toe to right side, Drop right heel
5&6 Cross left over right, Step right foot close to left, Cross left over right
7 8 Rock/step right to R side, Recover weight on left (12:00)

[S2] Cross Toe Strut, Side Toe Strut, Cross Shuffle, Side Rock-Recover

1 2 3 4 Cross/touch right toe forward, Drop right heel, Touch left toe to left side, Drop left heel
5&6 Cross right over left over, Step left foot close to right, Cross right over left
7 8 Rock/step left to L side, Recover weight on right (12:00)

[S3] 2x Heel Strut Fwd, Rocking Chair

1 2 3 4 Left heel forward, Drop left toe, Right heel forward, Drop right toe
5 6 7 8 Left rock forward, Recover on right, Left rock back, Recover on right (12:00)

[S4] Step-1/4R Pivot, Cross, 1/4L Back, 1/4L Side, Cross, 1/4R Back, 1/4R Side, Cross (&)

1 2 Step forward on left, Pivot 1/4 turn right (3:00)
3 4 Cross right over left, Make a 1/4 turn left stepping back on right
5 6 Turning further 1/4L step left to L side, Cross right over left (9:00)
7 8& Make a 1/4 turn right stepping back on left, Turning further 1/4R step right to R side, Cross left over right** (9:00)

[S5] R Side Out-In-Out, 1/4R Hook, Walk-Walk-Walk, 1/4L

1 2 Weight on left point right toe to R side, touch right toe next to left
3 4 Weight on left point right toe to R side, Make a 1/4 turn right on a ball of left with R hook
5 6 7 Walk forward R-L-R
8 Turning 1/4L weight ending on left (3:00)

[S6] Step-1/2L Pivot, Shuffle Fwd, 1/2R Back, 1/2R Turning Shuffle, Scuff

1 2 Step forward on right, Pivot 1/2 turn left
3&4 Shuffle forward (right-left-right)
5 Make a 1/2 turn right stepping back on left
6&7 Right shuffle turning 1/2 turn right (right-left-right) facing 9:00
8 w/ Scuff left foot (9:00)

[S7] Rock Fwd-Recover, Shuffle Back, Rock Back-Recover Shuffle Fwd

1 2 Step forward on left, Recover weight on right
3&4 Shuffle back (left-right-left)
5 6 Step back on right, Recover weight on left
7&8 Shuffle forward (left-right-left) (9:00)

[S8] Jazz Box 1/4L, Cross Rock-Recover, Side Rock-Recover

1 2 Step left over right, step right back
3 4 Turn 1/4 left and stepping left to L side, Step right forward
3 4 Cross left over right, Recover weight on right
7 8 Step left to L side, Recover weight on right (6:00)

Restart: Wall 2 count 32 and Wall 4 count 32** with step changes - Section 4 –**

7 8 (omitting & count) Make a 1/4 turn right stepping back on left (7), Turning further 1/2R step forward on right (8) (12:00)

(updated: 18/9/17)

Please contact me if you have any inquiry. (hirokoclinedancing@gmail.com)
