

# Moving Hips

拍數: 64      牆數: 2      級數: Advanced  
編舞者: Hiroko Carlsson (AUS) - September 2017  
音樂: Moviendo Caderas (feat. Daddy Yankee) - Yandel : (iTunes)



## Intro: Count 4/ Start on Vocals

### [S1] 2x Twinkle, Fwd-Together, Back, 1/2R Fwd, Fwd-Together, Back-Together

1&2      Cross L over R, Step R to right side, Step L together  
&3&      Cross R over L, Step L to left side, Step R together  
4&      Step forward on L, Step R together  
5 6      Step back on L, Turning 1/2R Step forward on R  
7&8&      Step forward on L, Step R together, Step back on L, Step R together (6:00)

### [S2] 1/4L Cross Samba, Fwd, Fwd, 1/2R Cross Samba, Shuffle Fwd

1&2      Cross L over R make a 1/4 turn left, Step R to right side, Recover weight on L (3:00)  
3 4      Step forward on R, Step forward on L  
5&6      Cross R over L make a 1/2 turn right, Step L to left side, Recover weight on R  
7&8      Shuffle forward L-R-L (9:00)

### [S3] Syncopated Rocking Chair, Fwd Rock-Recover, Back-Together, Anchor Step , 1/2L Fwd, 1/4L Side

1&2&      Step forward on R, Recover weight on L, Step back on R, Recover weight on L  
3&4&      Step forward on R, Recover weight on L, Step back on R, Step L together  
5&6      Step right slightly behind left, step left in place, step right in place  
7 8      Turning 1/2L step forward on L, Turning 1/4L step R to right side (12:00)

### [S4] Sailor Step, 1/4R Sailor Step, Step-1/2R Pivot, 1/2R Back, 1/2R Fwd

1 2      Cross L behind R, Step R next to L, Step L on left side  
3&4      Turning 1/4R cross R behind L, Step L to left side, Step R on right side  
5 6      Step forward on L, Turning 1/2R weight recover on R  
7 8      Turning 1/2R stepping back on L, Turning 1/2R stepping forward on R (prep for 1/4R turn)  
(9:00)

### [S5] 1/4R Cross, Side, Cross, Side, Cross Shuffle, Side Rock-Recover

1 2      Turning further 1/4R cross step L over R, Step R to right side (travelling across the floor)  
3 4      Cross step L over R, Step R to right side (travelling across the floor)  
5&6      Cross step L over R, Step R close to L, Cross step L over R  
7 8      Rock/step R to right side, Recover weight on L (prep for 1/4L turn) (12:00)

### [S6] 1/4L Cross, Side, Cross, Side, Jazz Box 1/4R Fwd

1 2      Turning 1/4L cross step R over L, Step L to left side (travelling across the floor) (9:00)  
3 4      Cross step R over L, Step L to left side (travelling across the floor)  
5 6 7 8      Cross R over L, Step back on L, Turning 1/4R step R to right side, Step forward on L\*\*  
(12:00)

### [S7] Hip-Hip-Hip (Turning1/2L), Hip-Hip-Hip, Step-1/2L Pivot, Chase Turn Fwd

1&2      Step forward on R and hip bump forward, Make a 1/4 turn left and hip bump to left side, Hip bump to right (weight ending on right) (9:00)  
3&4      Turning 1/4L hip bump forward on L , Hip bump back on R, Recover weight on L (6:00)  
5 6      Step forward on R, Turning 1/2L weight recover on L  
7&8      Step forward on R, Turning 1/2L weight recover on L, Step forward on R (6:00)

### [S8] Hip-Hip-Hip (Turning1/2R), Hip-Hip-Hip, Kick, Tog, Heel, Tog, Touch Back, Unwind w/Hitch

1&2 Step forward on L and hip bump forward, Make a 1/4 turn right and hip bump to right side,  
Hip bump to left (weight ending on left) (9:00)  
3&4 Turning 1/4R hip bump forward on R, Hip bump back on L, Recover weight on R  
(12:00)  
5&6& Kick L fwd, Step L next to R, R heel forward, Step R next to L  
7 8 Touch L toe back, Unwind 1/2L weight on R and hitch left foot (6:00)

**Restart: on Wall 5 count 48 with step change\*\***

**Section 6 - 5 6 7 8 Cross R over L, Step back on L, Turning 1/4R step R to right side, Touch L toe next to R  
(12:00)**

(updated: 18/9/17)

Please contact me if you have any inquiry. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))

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