Sign of The Times

拍數: 32	牆數: 2	級數: Advanced

編舞者: Nathan Gardiner (SCO) - September 2017

音樂: Sign of the Times (Radio Edit) - Harry Styles : (Album: NOW That's What I Call Music! 97)

Intro: 4 counts

Spiral Turn L, Run Forward L & R, Rock Forward, Recover, ½ L, ¼ L, Sway L & R, Side L, Rock Back, Recover

1	Step forward on R & turn full turn L on ball of R foot
2&3	Run forward on L, Run forward on R, Rock forward on L
4&5	Recover on R, ½ L stepping forward on L, ¼ L stepping R to R side

Easy Option: Recover, Step Back on L, ¼ R stepping R to R side

6&7	Sway hips to L side, Sway hips to R side, Step L to L side
8&	Rock back on R, Recover on L

¼ L, ½ L, ¼ L, Rock Back, Recover, ¼ R, ½ R, ¼ R, Behind, Side L, Cross Unwind ½ L, Behind, Side R, Cross Unwind ½ R

1&2	¼ L stepping back on R, ½ L stepping forward on L, ¼ L stepping R to R side

Easy Option: Side R, Cross L over R, Side R

3&	Rock back on L, Recover on R
4&5	¼ R stepping back on L, ½ R stepping forward on R, ¼ R stepping L to L side

Easy Option: Side L, Cross R over L, Step L to L side

6&7	Step R behind L, Step L to L side, Cross R over L & unwind ½ L sweeping L from front to back

Easy Option: Behind, Side L, Cross rock R over L

8&1	Step L behind R, Step R to R side, Cross L over R & unwind ½ R sweeping R from front to back

Easy Option: Recover on L, Step R to R side, Cross L over R

Rock Back, Recover, Side R, Rock Back, Recover, ¼ L with Sweep, Weave L, 1/8 L with back Kick, Brush

2&3	Rock back on R, Recover on L, Step R to R side
4&5	Rock back on L, Recover on R, ¼ L stepping forward on L sweeping R from back to front
6&7&	Cross R over L, Step L to L side, Step R behind L, Step L to L side
8&	1/8 L kicking R back, Brush R foot

Rock Forward, Recover, Full Turn R, Sailor 1/8 L, Behind, ¼ R, Side L, Sailor ½ R

1-2	Rock forward on R, Recover on L
&3	½ R stepping forward on R, ½ R stepping back on L
4&5	Step R behind L, Step L to L side, 1/8 L stepping R to R side
6&7	Step L behind R, ¼ R stepping forward on R, Step L to L side
8&	Step R behind L, ½ R stepping L next to R

Contact: nathan.gardiner1998@hotmail.co.uk