It's A Bit Racy!



拍數: 32 牆數: 4 級數: Beginner 編舞者: Gordon Timms (UK) & Glenys Timms (UK) - August 2017

音樂: The Race Is On - Sawyer Brown



Musical intro 16 counts.

Feet together...weight is on the Left. Take small steps please!

SECTION 1: Toe Fans x 2 - (To the Right then to the Left)

1 - 2	Fan Right Foot out to Right side, Fan Right Foot Back in place
3 - 4	Fan Right Foot out to Right side, Fan Right Foot Back in place.
5 - 6	Fan Left Foot out to Left side, Fan Left Foot Back in place.

7 - 8 Fan Left Foot out to Left side, Fan Left Foot Back in place ... (Weight on Left) 12.00

SECTION 2: Lock Steps and Brush x2 (To the Right then to the Left)

1 - 2	Step forward on the Right Foot, Lock Left foot behind Right.	
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3 - 4 Step[forward on the Right Foot, Brush Left foot past Right... (Weight on Right)

5 - 6 Step Forward on the Left Foot, Lock Right behind Left.

7 - 8 Step Forward on the Left Foot, Brush Right foot past Left... (Weight on Left) 12.00

SECTION 3: Rocking Chair steps, Two Paddle Turns to the Left.

1 - 2	Rock forward on the Right foot, Recover weight on to the Left.
3 - 4	Rock back on to the Right foot, Recover weight on to the Left
5 - 6	Step forward on the Right foot, pivot turn ¼ turn Left. Keep weight on LEFT. (9.00)
7 - 8	Step forward on the Right foot, pivot turn ¼ turn Left. Keep weight on LEFT. (6.00)

SECTION 4: Jazz Box, and a Quarter Monterey Turn.

1 - 2	Cross Right foot over the Left foot, Step slightly back on the Left Foot.
3 - 4	Step Right foot slightly to the Right, Step Left Foot next to Right.
5 - 6	Point Right Toe to Right side, Make a ¼ Turn Right on the ball of Left, Step Right together.
7 - 8	Point Left foot To Left side. Step Left next to Right. (Weight on Left) 9.00

There is a 4 Count 'bridge' at the 6.00 and 12.00 wall = all the way through... basically it's every 2 walls! Dance: Right Step Forward, Left Step Forward, Right Step Backward, Left Step Backward.

FINISH: As the music finishes do the 'toe fans' and then step forward on the right, rock & turn ½ right.

ENJOY THE DANCE!

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Choreographed for the Dawlish Weekend – September 2017. Theme "A day at the Races"