

Foxtrot d'Amour

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate - Foxtrot
編舞者: Aris Liepins (SCO) - September 2017
音樂: Chanson d'Amour - Manhattan Transfer : (Album: Antology: Down In Birdland 1992)



Start on vocals

S1. Walks, Side Step, Sways, 2x Sailor Steps (Right, Left)

1,2 Walk Right, Left
3,4 Step Right to Right swaying hips, Sway back to left
5&6 Right Sailor step
7&8 Left Sailor step

S2. Rock step, ½ turn, Shuffle, 2 steps, Pivot ½, Coaster Step

1,2& Rock forward on Right, recover, turn ½ to right on ball of Left
3&4 Shuffle forward Right, Left, Right
5,6& Walk Left, Right & pivot ½ to left on Right foot
7&8 Left Coaster step

S3. Rock Step, Cross Shuffle all 2x (to left, to right)

1,2 Rock on Right to right, recover
3&4 Cross Shuffle to left
5,6 Rock on Left to left, recover
7&8 Cross Shuffle to right

S4. Rock Step, Wave, ¾ turn, Step

1,2 Rock on Right to right, recover
3,4 Step Right across over Left, Left to left
5,6 Step Right across behind left, Left to left
7&8 Step Right across over Left into ¼ turn to left completing with a ½ turn to left on the ball, step forward on Left (facing 3 o'clock now)

Angle the body for styling on sections 3 and 4

Repeat

Contact: big.aris@yahoo.com