

Open Your Heart

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Intermediate / Advanced
編舞者: Jonas Dahlgren (SWE) & Ivonne Verhagen (NL) - September 2017
音樂: Open Your Heart - Jill Johnson



Intro Start after 16 counts (on vocals)

SWAY RIGHT, SWAY LEFT (POINT RIGHT HAND UP, DOWN, CIRCLE), SIDE, ROCK, 1/8 LEFT, CROSS, 1/2 TURN RIGHT, FULL TURN, ROCK

1,2 RF sway right, LF sway left (R hand point up, R hand middle, R hand make circle right)
3-4&5 RF step side, LF rock back, RF weight on RF, 1/8 turn left & LF step forward (RF sweep to front)
6&7 RF cross over LF, LF step back, 1/2 turn right & RF step forward
8& 1/2 turn right & LF step back, 1/2 turn right & RF step forward **

ROCK FORWARD, STEP 2X BACK, 1/8 TURN RIGHT, HAND MOVEMENTS, 1/4 TURN LEFT, SWEEP, JAZZ BOX, STEP BACK, SWEEP, STEP BACK, SWEEP

1 LF rock forward (point R hand forward),
2&3 RF step back, LF step back, 1/8 turn right & RF step side (R hand point right side & look right)
4&5 Weight on LF and move R hand left, Weight on RF and move R hand right, 1/4 turn left & LF step forward (sweep RF to the front)
6&7 RF cross over LF, LF step side, RF step back
8& LF step back (Sweep RF back), RF step back, (Sweep LF back)

1/4 TURN LEFT & STEP SIDE, ROCK SIDE, 1/4 TURN LEFT, STEP, JAZZ BOX 1/4 LEFT, COASTER 1/4 LEFT, JAZZ BOX 1/4 TURN LEFT

1,2&3 1/4 turn left & LF step side, Rock RF side, 1/4 turn left & LF step forward, RF step forward
4&5 LF cross over RF, 1/4 turn left & RF step back, LF step side
6&7 RF step back, 1/4 turn left & LF close to RF, RF step forward
8&1 LF cross over RF, 1/4 turn left & RF step back, LF step side

COASTER 1/4 LEFT, 3x WALK FORWARD (BOTH HANDS FORWARD UP), 3 X WALK BACK, 1/4 TURN LEFT, BOTH HANDS DOWN

2&3 RF step back, 1/4 turn left & LF close to RF, RF step forward
4&5 LF step forward, RF step forward, LF step forward (Lift both hands up to the front)
6&7 RF step back, LF step back, RF step back, (slowly hands bit lower)
8& 1/4 turn left, hands down

**Restart/Tag in wall 4 after 8 counts:

Change count 8 into LF step Left (and Restart the dance)

End of the dance. Have Fun!