

Mid-Autumn Moon

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Betty Lee (CAN) - September 2017
音樂: Yue Er Xiang Ning Meng (月兒像檸檬) - Teresa Teng (鄧麗君)



SECTION 1: BACK ROCK, TOUCH-SWAY, BACK MAMBO, FORWARD LOCK STEP

1-2 Rock step back RF, Recover onto LF
3&4& Touch RF to R swaying both hips to R,L,R,L (Keeping weight on LF)
5&6 Rock step back RF, Recover onto LF, Step fwd RF
7&8 Step fwd LF, Lock Step RF behind LF, Step fwd LF

SECTION 2: CURVING STEPS FULL TURN R

1-2 Walk RF, LF curving steps ¼ turn R (3:00)
3&4 Shuffle R-L-R curving ¼ R (6:00)
5-6 Walk LF, RF curving ¼ R (9:00)
7&8 Shuffle L-R-L curving ¼ R (12:00)

*** The above steps are smooth curving steps, making a big circle like the full moon.

SECTION 3: SIDE-TOGETHER, SIDE SHUFFLE, CROSS, ¼ L, SIDE SHUFFLE

1-2 Step RF to R, Step LF beside RF
3&4 Step RF to R, Step LF beside RF, Step RF to R
5-6 Cross step LF over RF, ¼ turn L stepping back on RF (9:00)
7&8 Step LF to L, Step RF beside LF, Step LF to L

*** Lots of hip movements for Section 3

SECTION 4: WALK R-L, PIVOT ½ L, WALK R-L, FORWARD ROCK

1-4 Walk fwd RF, Walk fwd LF, Step fwd RF, Pivot ½ turn L (wt. onto LF)
5-8 Walk fwd RF, Walk fwd LF, Rock step fwd RF, Recover onto LF

REPEAT

RESTART: On Wall 7 after 16 counts, restart facing 6:00

ENDING: Last wall starts facing 12:00, dance up to 20 counts, then instead of Cross, ¼ L, do a side-together, L side shuffle, touch R behind L.

Happy Mid-Autumn Festival, October 4th, 2017