Let's Do The Backwood Bump!



拍數: 48 牆數: 2 級數: Easy Intermediate

編舞者: Step5678 (USA) - September 2017 音樂: Backwood Bump - Waterloo Revival



Intro: 16 Counts after hard beat...Start on the word "playing"

*Restart: 8 Counts into 3rd Wall

**Tag With Restart: 16 Counts into 6th Wall

(1-8) Cross-Point Fwd (R&L), Cross-Point Back (R&L)

1-2	Cross R over L (1), Point L to side (2)
3-4	Cross L over R (3), Point R to side (4)
5-6	Cross R behind L (5), Point L to side (6)
7-8	Cross L behind R (7), Point R to side (8)

^{**}Restart Here On 3rd Wall (12:00)

(9-16) Sailor Step (R&L), Hip Sways (R,L,R,L)

1&2	Step R behind L (1), Step L to left (&), Step R to right (2)
3&4	Step L behind R (3), Step R to right (&), Step L to left (4)
5-6	Step R to right and sway hips to right (5), Sway hips to left (6)
7-8	Sway hips to right (7), Sway hips to left returning weight to left (8)

^{**}Tag Here On 6th Wall (12:00) And Restart Dance (6:00)

(17-24) Vine Right, Vine Left--1/4 Turn Left With Scuff

1-2	Step R to right (1), Step L behind R (2)
3-4	Step R to right (3), Touch L next to R (4)
5-6	Step L to left (5), Step R behind L (6)

7-8 Turn ¼ left and step L fwd (7), Scuff R fwd (8)

(25-32) Jazz Box (R), Jazz Box (R With 1/4 Turn Right)

1-2	Step R over L (1), Step back on L (2)
3-4	Step R to right (3), Step fwd on L (4)

5-6	Sten R over L (5)	Sten back on	L turning ¼ turn right (6)
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7-8 Step R to right (7), Step fwd on L (8)

(33-40) Cross Step (R), ½ Unwind Left, Dips (R,L,R), Step (L)

1-2	Cross R over L (1), Unwind left ½ turn with weight on both feet (2)
3-4	Dip down (like a small squat) (3), Stand up with weight on R (4)

5-6 Dip down (5), Stand up with weight on L (6)

7-8 Dip down and stand up with weight on R (7), Step L next to R (8)

(41-48) Heel Fwd(R), Toe Back(R), Side/Together/Side/Touch(R), Step(L)With Hold

1-2	Touch R heel fwd (1), Touch R toe back (2
3-4	Step R to right (3), Step L next to R (4)
5-6	Step R to right (5), Touch L next to R (6)
7.0	0, 1, 1, 6, (7), 11, 11, (0)

7-8 Step L to left (7), Hold (8)

Tag: 32 Counts

T(1-8) Camel Walks Back (R&L) With Holds

1-2	Step R back while popping L knee (1), Step L back while popping R knee (2)

3-4 Step R back while popping L knee (3), Hold (4)

5-6 Step L back while popping R knee (5), Step R back while popping L knee (6)

7-8 Step L back while popping R knee (7), Hold (8)

T(9-16) Cross Step (R), ½ Unwind Left, Dips (R,L,R), Step (L)

- 1-2 Cross R over L (1), Unwind left ½ turn with weight on both feet (2) 3-4 Dip down (like a small squat) (3), Stand up with weight on R (4)
- 5-6 Dip down (5), Stand up with weight on L (6)
- 7-8 Dip down and stand up with weight on R (7), Step L next to R (8)

T(17-24) Camel Walks Back (R&L) With Holds

- 1-2 Step R back while popping L knee (1), Step L back while popping R knee (2)
- 3-4 Step R back while popping L knee (3), Hold (4)
- 5-6 Step L back while popping R knee (5), Step R back while popping L knee (6)
- 7-8 Step L back while popping R knee (7), Hold (8)

T(25-32) Heel Fwd(R), Toe Back(R), Side/Together/Side/Touch(R), Step(L) With Hold

- Touch R heel fwd (1), Touch R toe back (2)
 Step R to right (3), Step L next to R (4)
 Step R to right (5), Touch L next to R (6)
- 7-8 Step L to left (7), Hold (8)

After Tag Restart Dance!

For Extra Styling*** When Doing Right Vine On Walls 2, 5, 7...Wave R Hand To The Right When The Band Sings "If You Don't Know How To Do The Nae Nae"

This dance is dedicated to Waterloo Revival. I recently had the pleasure of meeting them after their concert. And after our conversation, I offered to create a dance to this wonderful song.

Let's Dance!!!

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