

Too Sexy!

拍數: 136 牆數: 1 級數: Intermediate Party
編舞者: Debbie Rushton (UK) - September 2017
音樂: Too Sexy - Inna : (Album: INNA)



Count in: 32 counts from when he sings 'I'm too sexy'. You clap when they clap
See bottom of sheet for phrasing on wall 3, and other notes

S1: ANTICLOCKWISE SYNCOPATED CLAPS

1&2&3&4& Starting at the bottom right side, clap your hands in an anti-clockwise motion (as if
5&6&7&8 creating a full circle around your body)

S2: WALK WALK MAMBO STEP, BACK BACK COASTER STEP

1 2 Walk forward R, L
3&4 Rock R forward, Recover back onto L, Step back on R
5 6 Walk back L, R
7&8 Step L back, Step R beside L, Step L forward

S3: STEP ¼ TURN , WALK WALK, STEP ¼ TURN, WALK WALK

1 2 Step R forward swinging R hip and both hands forward (and shout 'WOOO!'), Pivot ¼ turn L
 taking weight onto L
3 4 Walk forward R L
5 6 Step R forward swinging R hip and both hands forward (and shout 'WOOO!'), Pivot ¼ turn L
 taking weight onto L
7 8 Walk forward R L

S4 + S5: REPEAT ABOVE 16 COUNTS (9-24)

S6: WALK WALK WALK KICK, BACK BACK COASTER STEP

1 2 3 4 Walk forward towards R diagonal R L R, Kick L forward ('WOOO!' with hands up)
5 6 Walk back (still on the diagonal) L R
7&8 Straighten up to front wall stepping L back, Step R beside L, Step L forward

S7: WALK WALK WALK KICK, BACK BACK COASTER STEP

1 2 3 4 Walk forward towards L diagonal R L R, Kick L forward ('WOOO!' with hands up)
5 6 Walk back (still on the diagonal) L R
7&8 Straighten up to front wall stepping L back, Step R beside L, Step L forward

S8: JUMP OUT OUT, BACK BACK, OUT OUT, BACK BACK

&1 2 Jump forward stepping R out to R side, L out to L side (put hands up when you jump, she
 sings turn it UP), Hold count 2
&3 4 Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 4
&5 6 Jump forward stepping R out to R side (hands up), L out to L side, Hold count 6
&7 8 Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 8

S9: JUMP OUT OUT, BACK BACK, OUT OUT, BACK BACK

&1 2 Jump forward stepping R out to R side, L out to L side (hands up), Hold count 2
&3 4 Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 4
&5 6 Jump forward stepping R out to R side, L out to L side (put hands on hips), Hold count 6
&7 8 Making ¼ turn L jump back on R, L beside R (keep hands on hips ready for next part), Hold
 count 8

S10: STEP TOGETHER STEP TOUCH, STEP TOGETHER STEP TOUCH

- 1 2 With hands still on hips travelling forward towards R diagonal, Step R to R side, Step L beside R
- 3 4 Step R to R side, Touch L beside R
- 5 6 Travelling forwards towards L diagonal, Step L to L side, Step R beside L
- 7 8 Step L to L side, Touch R beside L

S11: STEP ½ TURN WALK WALK, OUT OUT 'TOO SEXY'

- 1 2 Step R forward, Pivot ½ turn L taking weight onto L
- 3 4 Walk forward R L
- &5 Step R out to R side, Step L out to L side
- 6 7 8 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose!), whilst bumping hips L R L (as she sings 'TOO SEXY!'. You can sing it too!)

S12 + S13: REPEAT ABOVE 16 COUNTS (72-88)

S14: SIDE CROSS SIDE SHUFFLE, PADDLE FULL TURN R

- 1 2 Step R to R side, Cross L over R (body angled to R diagonal on these steps but travelling to the side)
- 3&4 Step R to R side, Step L beside R, Step R to R side
- 5678 Paddle full turn R with weight R touching L out over 4 counts and winding hands round each other at head height (it's also fun to shout PADDLE on count 5!)

S15: SIDE BEHIND SIDE TOUCH, OUT OUT 'TOO SEXY'

- 1 2 Step L to L side, Cross R behind L
- 3 4 Step L to L side, Touch R beside L
- &5 Step R out to R side, Step L out to L side
- 6 7 8 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose as she sings 'TOO SEXY!') whilst bumping hips R L R – End with weight on R as we are about to mirror the above 16 counts on the L foot

S16: SIDE CROSS SIDE SHUFFLE, PADDLE FULL TURN L

- 1 2 Step L to L side, Cross R over L (body angled to L diagonal on these steps but travelling to the side)
- 3&4 Step L to L side, Step R beside L, Step L to L side
- 5678 Paddle full turn L with weight L touching R out over 4 counts and winding hands round each other at head height (shout PADDLE on count 5!)

S17: SIDE BEHIND SIDE TOUCH, OUT OUT 'TOO SEXY'

- 1 2 Step R to R side, Cross L behind R
- 3 4 Step R to R side, Touch L beside R
- &5 Step L out to L side, Step R out to R side
- 6 7 8 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose as she sings 'TOO SEXY!') whilst bumping hips L R L (End with weight L)

DANCE THIS COMPLETE ROUTINE THROUGH TWICE. ON THE THIRD WALL, DROP THE FIRST 40 COUNTS AND START FROM COUNT 41 (DIAGONAL WALKS & KICK)

ONCE YOU GET TO COUNT 88 (AFTER THE SECOND 'TOO SEXY' SECTION) THE MUSIC STOPS COMPLETELY FOR 6 COUNTS. INSERT 6 COUNTS OF YOUR SYNCOPATED CIRCLE CLAPS HERE!

AFTER YOUR CLAPS, CONTINUE THE DANCE FROM COUNT 89 (PADDLE SECTION) TO FINISH THE DANCE AT THE END OF THE SONG □ □

TEACHING NOTES:

WHEN TEACHING THIS DANCE I BROKE IT DOWN INTO SECTIONS AS EACH SECTION HAS A DISTINCTIVELY DIFFERENT PIECE OF MUSIC. THIS ALSO MADE IT MUCH EASIER FOR THE CLASS TO LEARN.

1. CLAP SECTION – COUNTS 1-8
2. WALK & MAMBO SECTION – COUNTS 9-40
3. DIAGONAL WALKS & TURN IT UP SECTION – COUNTS 41 – 72
4. TOO SEXY SECTION (HANDS ON HIPS) – COUNTS 73-104
5. PADDLE SECTION – COUNTS 105-136

SO WALL 3 IS:

3. DIAGONAL WALKS
4. TOO SEXY
1. CLAPS (6 COUNTS ONLY)
5. PADDLE

*******ENJOY IT!! HAVE FUN AND MAKE LOTS OF NOISE!!!*******

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