Too Sexy!



拍數: 136 牆數: 1 級數: Intermediate Party

編舞者: Debbie Rushton (UK) - September 2017

音樂: Too Sexy - Inna: (Album: INNA)



Count in: 32 counts from when he sings 'I'm too sexy'. You clap when they clap See bottom of sheet for phrasing on wall 3, and other notes

S1: ANTICLOCKWISE SYNCOPATED CLAPS

1&2&3&4& Starting at the bottom right side, clap your hands in an anti-clockwise motion (as if

5&6&7&8 creating a full circle around your body)

S2: WALK WALK MAMBO STEP, BACK BACK COASTER STEP

1 2 Walk forward R. L.

3&4 Rock R forward, Recover back onto L, Step back on R

5 6 Walk back L, R

7&8 Step L back, Step R beside L, Step L forward

S3: STEP 1/4 TURN, WALK WALK, STEP 1/4 TURN, WALK WALK

1 2 Step R forward swinging R hip and both hands forward (and shout 'WOOO'!), Pivot ¼ turn L

taking weight onto L

3 4 Walk forward R L

5 6 Step R forward swinging R hip and both hands forward (and shout 'WOOO'!), Pivot ¼ turn L

taking weight onto L

7 8 Walk forward R L

S4 + S5: REPEAT ABOVE 16 COUNTS (9-24)

S6: WALK WALK WICK, BACK BACK COASTER STEP

1 2 3 4 Walk forward towards R diagonal R L R, Kick L forward ('WOOO!' with hands up)

5 6 Walk back (still on the diagonal) L R

7&8 Straighten up to front wall stepping L back, Step R beside L, Step L forward

S7: WALK WALK WALK KICK, BACK BACK COASTER STEP

1 2 3 4 Walk forward towards L diagonal R L R, Kick L forward ('WOOO!' with hands up)

5 6 Walk back (still on the diagonal) L R

7&8 Straighten up to front wall stepping L back, Step R beside L, Step L forward

S8: JUMP OUT OUT, BACK BACK, OUT OUT, BACK BACK

&1 2 Jump forward stepping R out to R side, L out to L side (put hands up when you jump, she

sings turn it UP), Hold count 2

Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 4

Ump forward stepping R out to R side (hands up), L out to L side, Hold count 6

Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 8

S9: JUMP OUT OUT, BACK BACK, OUT OUT, BACK BACK

Lamp forward stepping R out to R side, L out to L side (hands up), Hold count 2 Making ¼ turn L jump back on R, L beside R (bring hands down), Hold count 4

&5 6 Jump forward stepping R out to R side, L out to L side (put hands on hips), Hold count 6

&7 8 Making ¼ turn L jump back on R, L beside R (keep hands on hips ready for next part), Hold

count 8

S10: STEP TOGETHER STEP TOUCH, STEP TOGETHER STEP TOUCH

12 With hands still on hips travelling forward towards R diagonal, Step R to R side, Step L beside R 3 4 Step R to R side, Touch L beside R Travelling forwards towards L diagonal, Step L to L side, Step R beside L 56 78 Step L to L side, Touch R beside L S11: STEP 1/2 TURN WALK WALK, OUT OUT 'TOO SEXY' 12 Step R forward, Pivot ½ turn L taking weight onto L 3 4 Walk forward R L &5 Step R out to R side, Step L out to L side 678 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose!), whilst bumping hips L R L (as she sings 'TOO SEXY!'. You can sing it too!) S12 + S13: REPEAT ABOVE 16 COUNTS (72-88) S14: SIDE CROSS SIDE SHUFFLE, PADDLE FULL TURN R 12 Step R to R side, Cross L over R (body angled to R diagonal on these steps but travelling to the side) 3&4 Step R to R side, Step L beside R, Step R to R side 5678 Paddle full turn R with weight R touching L out over 4 counts and winding hands round each other at head height (it's also fun to shout PADDLE on count 5!) S15: SIDE BEHIND SIDE TOUCH, OUT OUT 'TOO SEXY' Step L to L side, Cross R behind L 12 3 4 Step L to L side, Touch R beside L &5 Step R out to R side, Step L out to L side 678 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose as she sings 'TOO SEXY!') whilst bumping hips R L R – End with weight on R as we are about to mirror the above 16 counts on the L foot S16: SIDE CROSS SIDE SHUFFLE, PADDLE FULL TURN L 12 Step L to L side, Cross R over L (body angled to L diagonal on these steps but travelling to the side) 3&4 Step L to L side, Step R beside L, Step L to L side Paddle full turn L with weight L touching R out over 4 counts and winding hands round each 5678 other at head height (shout PADDLE on count 5!) S17: SIDE BEHIND SIDE TOUCH, OUT OUT 'TOO SEXY' 12 Step R to R side, Cross L behind R 3 4 Step R to R side, Touch L beside R &5 Step L out to L side, Step R out to R side 678 Cross arms across body to touching opposite hand to shoulder (R hand to L shoulder, L to R), uncross arms touching same hand to shoulder (R hand to R shoulder, L to L), Put L hand to hip, R hand to side of head (sexy pose as she sings 'TOO SEXY!') whilst bumping hips L R

DANCE THIS COMPLETE ROUTINE THROUGH TWICE. ON THE THIRD WALL, DROP THE FIRST 40 COUNTS AND START FROM COUNT 41 (DIAGONAL WALKS & KICK)

L (End with weight L)

ONCE YOU GET TO COUNT 88 (AFTER THE SECOND 'TOO SEXY' SECTION) THE MUSIC STOPS COMPLETELY FOR 6 COUNTS. INSERT 6 COUNTS OF YOUR SYNCOPATED CIRCLE CLAPS HERE!

AFTER YOUR CLAPS, CONTINUE THE DANCE FROM COUNT 89 (PADDLE SECTION) TO FINISH THE DANCE AT THE END OF THE SONG $\hfill\square$

TEACHING NOTES:

WHEN TEACHING THIS DANCE I BROKE IT DOWN INTO SECTIONS AS EACH SECTION HAS A DISTINCTIVELY DIFFERENT PIECE OF MUSIC. THIS ALSO MADE IT MUCH EASIER FOR THE CLASS TO LEARN.

- 1. CLAP SECTION COUNTS 1-8
- 2. WALK & MAMBO SECTION COUNTS 9-40
- 3. DIAGONAL WALKS & TURN IT UP SECTION COUNTS 41 72
- 4. TOO SEXY SECTION (HANDS ON HIPS) COUNTS 73-104
- 5. PADDLE SECTION COUNTS 105-136

SO WALL 3 IS:

- DIAGONAL WALKS
- 4. TOO SEXY
- 1. CLAPS (6 COUNTS ONLY)
- 5. PADDLE

*****ENJOY IT!! HAVE FUN AND MAKE LOTS OF NOISE!!!*****

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