

# It's Country & Rap

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Gemma Pamas (ES) - September 2012  
音樂: No Trash In My Trailer - Colt Ford



## [1-8]: Rock, Recover, Weave, Shuffle forward, Pivot Turn Left

1            RF Rock to right side.  
2            LF Recover  
3            RF Behind LF  
&            LF step to left side  
4            RF cross over LF  
5            LF step forward  
&            RF next LF  
6            LF step forward  
7            RF step forward  
8            LF ½ turn left (06:00)

## [9-16]: Heel Switches X3, Hold&Clap, &Cross, Hold&Snaps, &Cross, Hold&Snaps

9            RF Heel Touch forward.  
&            RF next LF.  
10           LF Heel Touch forward  
&            LF next RF.  
11           RF Heel Touch forward.  
12           Hold & Clap  
&            RF next LF.  
13           LF cross over RF  
14           Hold & Snaps  
&            RF step to right side.  
15           LF cross over RF  
16           Hold & Snaps

## [17-24]: Pivot Turn Left , Two Step Full Turn left, Rock Forward, Coaster Step

17           RF step forward  
18           LF ½ turn left (12:00)  
19           RF ½ turn left step back (06:00)  
20           LF ½ turn left step forward (12:00)  
21           RF Rock forward  
22           LF Recover  
23           RF Step back  
&            LF next to RF  
24           RF step forward

## [25-32]: Step Forward, ¼ turn Right, Shuffle Cross, Syncopated Weave.

25           LF step forward  
26           RF ¼ turn right (03:00)  
27           LF cross over RF  
&            RF next LF  
28           LF cross over RF  
&            RF step to right side  
29           LF cross behind RF  
&            RF step to right side

30 LF cross over RF  
& RF step to right side  
31 LF cross behind RF  
& RF step to right side  
32 LF cross over RF

**Start Again.**

**Submitted by - Joan Leite: [jleite@summerlinedance.com](mailto:jleite@summerlinedance.com)**

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