

London

拍數: 32 牆數: 4 級數: Improver
編舞者: Gemma Pamas (ES) - September 2017
音樂: Last Train to London - Electric Light Orchestra



[1-8]: KICK BALL TOUCH (x2), SKATE (X4)

- 1 Kick right foot forward
- & Right foot on ball close to left foot
- 2 Touch left foot to left side
- 3 Kick left foot forward
- & Left foot on ball close to right foot
- 4 Touch right foot to right side
- 5 Right foot skate to right diagonal
- 6 Left foot skate to left diagonal
- 7 Right foot skate to right diagonal
- 8 Left foot skate to left diagonal

[9-16]: KICK BALL STEP, SWIVEL, SLIDE BACK, CROSS

- 1 Kick right foot forward
- & Right foot on ball close to left foot
- 2 Left foot step forward
- 3 Swivel both heels to left
- & Swivel both heels to center
- 4 Swivel both heels to left
- & Swivel both heels to center
- 5 Left foot big step back.
- 6-7 Right foot slide towards left foot
- & Right foot behind left foot
- 8 Left foot cross over right foot

Arms Style during counts 5-8

Draw with both arms a big circle from top to down

[17-24]: THREE STEP 1 TURN, TOUCH, THREE STEP 1 ¼ TURN, TOUCH

- 1 ¼ turn to right, right foot forward
- 2 ½ turn to right, left foot backward
- 3 ¼ turn to right, right foot to right side
- 4 Touch left foot close to right foot, clap
- 5 ¼ turn to left, left foot forward
- 6 ½ turn to left, right foot backward
- 7 ½ turn to left, left foot to right side (09:00)
- 8 Touch right foot close to left foot, clap

Arms Style during counts 1-3 and 5-7

Roll fists around each other in front of chest.

[25-32]: Step Right, Rock back, recover (x2), Full Paddle turn

- 1 Step right foot to right side
- & Rock back left foot
- 2 Recover on right foot
- 3 Step left foot to left side
- & Rock back right foot
- 4 Recover on left foot
- 5 ¼ turn left on left foot, pointing right foot to the right (06:00)

- 5 ¼ turn left on left foot, pointing right foot to the right (03:00)
- 5 ¼ turn left on left foot, pointing right foot to the right (12:00)
- 5 ¼ turn left on left foot, pointing right foot to the right (09:00)

Start again.

Restart During 12 wall 28 first counts and start again

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