

London

拍數: 32 牆數: 4 級數: Improver
編舞者: Gemma Pamas (ES) - September 2017
音樂: Last Train to London - Electric Light Orchestra



[1-8]: KICK BALL TOUCH (x2), SKATE (X4)

1 Kick right foot forward
& Right foot on ball close to left foot
2 Touch left foot to left side
3 Kick left foot forward
& Left foot on ball close to right foot
4 Touch right foot to right side
5 Right foot skate to right diagonal
6 Left foot skate to left diagonal
7 Right foot skate to right diagonal
8 Left foot skate to left diagonal

[9-16]: KICK BALL STEP, SWIVEL, SLIDE BACK, CROSS

1 Kick right foot forward
& Right foot on ball close to left foot
2 Left foot step forward
3 Swivel both heels to left
& Swivel both heels to center
4 Swivel both heels to left
& Swivel both heels to center
5 Left foot big step back.
6-7 Right foot slide towards left foot
& Right foot behind left foot
8 Left foot cross over right foot

Arms Style during counts 5-8

Draw with both arms a big circle from top to down

[17-24]: THREE STEP 1 TURN, TOUCH, THREE STEP 1 ¼ TURN, TOUCH

1 ¼ turn to right, right foot forward
2 ½ turn to right, left foot backward
3 ¼ turn to right, right foot to right side
4 Touch left foot close to right foot, clap
5 ¼ turn to left, left foot forward
6 ½ turn to left, right foot backward
7 ½ turn to left, left foot to right side (09:00)
8 Touch right foot close to left foot, clap

Arms Style during counts 1-3 and 5-7

Roll fists around each other in front of chest.

[25-32]: Step Right, Rock back, recover (x2), Full Paddle turn

1 Step right foot to right side
& Rock back left foot
2 Recover on right foot
3 Step left foot to left side
& Rock back right foot
4 Recover on left foot
5 ¼ turn left on left foot, pointing right foot to the right (06:00)

- 5 ¼ turn left on left foot, pointing right foot to the right (03:00)
- 5 ¼ turn left on left foot, pointing right foot to the right (12:00)
- 5 ¼ turn left on left foot, pointing right foot to the right (09:00)

Start again.

Restart During 12 wall 28 first counts and start again

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