

# My Girl's Night Out - MGNO

COPPERKNOB  
BY STEPHEN

拍數: 24      牆數: 4      級數: Beginner  
編舞者: Conrad Farnham (USA) - September 2017  
音樂: Mgno - Russell Dickerson



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## ROCK, RECOVER, CROSS BEHIND IN FRONT, HEEL LEFT, ¼ TOE TURN, COASTER STEP

- 1,2,3&4      Rock right to right, recover on left, step right behind left, step left to left, step right in front of left
- 5,6,7&8      Place left heel to left side, ¼ turn toes to the left, step back on left, bring right next to left, step left forward

## TRAVELING HIP BUMPS X 2, SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

- 1-4      Step right forward and bump hips to the right twice, step left forward and bump hips to the left twice
- 5&6,7&8      Shuffle forward, right, left, right, shuffle forward, left, right, left

## ROCK, RECOVER, SHUFFLE BACK RIGHT, ROCK, RECOVER, SHUFFLE FORWARD LEFT

- 1,2,3&4      Rock right forward, recover on left, shuffle back right, left, right
- 5,6,7&8      Rock left back, recover on right, shuffle forward left, right, left

Begin again

No Tags, No Restarts

Last Update – 16th Sept 2017

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