

Lipstick

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Conrad Farnham (USA) - September 2017
音樂: Lipstick - Runaway June



RUMBA, RUMBA ¼ LEFT, ROCK CROSS RECOVER X 2

- 1&2,3&4 Right foot step to the right, left foot steps beside right, right foot steps back, left foot step ¼ turn to the left, right foot steps beside left, left foot steps in place
- 5&6,7&8 Right foot rocks across in front of left foot, recover weight on left, place right next to left, left foot rocks across in front of right foot, recover weight on right, place left next to right

RUMBA, RUMBA ¼ LEFT, FULL TURN, LEFT COASTER STEP

- 1&2,3&4 Right foot step to the right, left foot steps beside right, right foot steps back, left foot step ¼ turn to the left, right foot steps beside left, left foot steps in place
- 5&6,7&8 Step forward on right foot, ½ turn over left shoulder with weight on left foot, ½ turn over left shoulder finishing with step back on right foot, step back on left foot, step back next to left with right foot, step left foot forward

ROCK, RECOVER, CROSS X 2, PADDLE, KNEE HITCH ¾ TURN

- 1&2,3&4 Rock right foot to right side, recover weight on left, cross right foot over left, rock left foot to left side, recover weight on right, cross left foot over right
- 5&6&7&8& Push right foot to right side, bring knee up and in, repeat 3 more times to finish with ¾ turn over left shoulder

STEP BACK, SLIDE, CLAP, WALK, WALK, RUN X 4

- 1&2,3&4 Take a big step back to the right, slide left foot back to right, step left next to right and clap, take a big step back to the left, slide right foot back to left, step right next to left and clap
- 5,6,7&8& Step right foot forward, step left foot forward, run forward right, left, right, left

Begin again

No Tags, No Restarts