

Highway 99

拍數: 48 牆數: 4 級數: Improver
編舞者: Sandra Speck (UK) & Gaye Teather (UK) - September 2017
音樂: Highway 99 by Paul Bailey (92/184. Dance choreographed at 92 bpm.)



(16 count intro)

Track available to download from iTunes and Amazon

S1: Step. Point. Back rock & side. Back rock & side. Behind-side-cross

1 – 2 Step forward on Right. Point Left toe to Left side
3&4 Rock back Left behind Right. Recover onto Right. Step Left to Left side
5&6 Rock back Right behind Left. Recover onto Left. Step Right to Right side
7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

S2: Syncopated quarter Monterey turn Right. Side rock & cross. Touch out, in, out. Behind-side-cross

1& Touch Right toe to Right side. Quarter turn Right stepping Right beside Left
2& Touch Left toe to Left side. Step Left beside Right (3 o'clock)
3&4 Rock Right to Right side. Recover onto Left. Cross Right over Left
5&6 Touch Left toe to Left side. Touch Left beside Right. Touch Left to Left side
7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

S3: Syncopated rumba box. Toe struts back x 2. Coaster step

1&2 Step Right to Right side. Step Left beside Right. Step forward on Right
3&4 Step Left to Left side. Step Right beside Left. Step back on Left
5&6& Step Right toe back. Drop Right heel to floor. Step Left toe back. Drop Left heel to floor
7&8 Step back on Right. Step Left beside Right. Step forward on Right

S4: Toe struts forward x 2. Kick-back-touch. Hip bumps. Shuffle forward

1& Step Left toe forward. Drop Left heel to floor
2& Step Right toe forward. Drop Right heel to floor
3&4 Kick Left foot forward. Step back on Left. Touch Right toe slightly forward
5&6& Bump hips forward, back, forward, back (weight remains on Left)
7&8 Step forward on Right. Step Left beside Right. Step forward on Right

S5: Mambo forward. Shuffle half turn Right. Step. Flick. Back. Shuffle half turn Left

1&2 Rock forward on Left. Recover onto Right. Step back on Left
3&4 Shuffle half turn Right stepping Right. Left. Right (9 o'clock)
5&6 Step forward on Left. Flick Right behind Left. Step back on Right
7&8 Shuffle half turn Left stepping Left. Right. Left (3 o'clock)

***Restart from beginning at this point during wall 4 (You will be facing 12 o'clock)**

S6: Cross back back x 2. Coaster step. Shuffle forward

1&2 Cross right over left, step back on left, step back on right
3&4 Cross left over right, step back on right, step back on left
5&6 Step back on Right. Step Left beside Right. Step forward on Right
7&8 Step forward on left, close right beside left, step forward on left (3 o'clock)

Begin again