It Feels Good

拍數: 32

級數: Beginner

編舞者: Mary Elms (UK) - August 2017

音樂: It Feels Good - Drake White : (Album: Spark - iTunes.)

牆數: 4

#32 Count Intro

Right Heel. Hook, Cross Stomp. Hold. Repeat with Left

- 1 2 Touch Right heel diagonally forward, Hook Right heel below Left knee
- 3 4 Stomp Right foot across in front of Left. Hold
- 5 6 Touch Left heel diagonally forward, Hook Left heel below Right knee
- 7 8 Stomp Left foot across in front of Right. Hold

Diagonal Steps x 4 with Claps on Touches

- 1 -2 Step Right diagonally forward. Touch Left beside Right. Clap by Right shoulder
- 3 4 Step Left diagonally back. Touch Right beside Left. Clap by Left shoulder
- 5 6 Step Right diagonally back. Touch Left beside Right. Clap by Right shoulder
- 7 8 Step Left diagonally forward. Touch Right beside Left. Clap by Left shoulder

Grapevine Right & Left with Scuffs

- 1 2 Step Right to Right side. Step Left behind Right
- 3 4 Step Right to Right side. Scuff Left beside Right
- 5 6 Step Left to Left side. Step Right behind Left
- 7 8 Step Left to Left side. Scuff Right beside Left

Paddle Steps. Stomps, Making 270 degree turn clockwise on steps 1 - 5

- 1 2 Step Right. Step on toe of Left behind Right
- 3 4 Step Right. Step on toe of Left behind Right
- 5 6 Step Right. Hold
- 7 8 Stomp Left. Stomp Right beside Left

Start again

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