

Gashina

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Easy Intermediate
編舞者: Hyun Ah Lee (KOR) & Hee Sun Lee (KOR) - September 2017
音樂: Gashina - SUNMI



Sequence : A, A, B, A, A, TAG, B, A, TAG, B

Intro :16 counts from first beat in music

A: 32 COUNT

A[1 - 8] RF WALK, LF WALK, FWD MAMBO STEP, COASTER, SIDE ROCK, CROSS

1- 2 RF step forward walk, LF step forward walk
3&4 RF step forward , LF step recover, RF step back,
5&6 LF step back, RF step back together, LF step forward (coaster step),
7&8 RF step R side, LF recover, RF cross over LF

A[9 - 16] L CHASSE , R 1/4 TURN CHASSE, LF CROSS ROCK, RECOVER, SIDE, RF CROSS ROCK, RECOVER, SIDE

1&2 LF step L side, RF step next to LF, LF step L side
3&4 1/4 turn to R stepping RF on side , LF step next to RF, RF step R side (3:00)
5&6 cross rock LF over RF, recover on RF, LF step L side
7&8 cross rock RF over LF, recover on LF, RF step R side

A[17 - 24] LF WALK, RF WALK, LF STEP FWD, R 1/2 PIVOT TURN, LF STEP FWD, RF WALK, LF WALK, RF STEP FWD, L 1/2 PIVOT TURN, RF STEP FWD

1- 2 LF step forward walk , RF step forward walk
3&4 LF step forward , 1/2 pivot turn to R stepping RF forward , LF step forward (9:00)
5- 6 RF step forward walk, LF step forward walk
7&8 RF step forward ,1/2 pivot turn to L stepping LF forward. RF step forward (3:00)

A[25 - 32] RUMBA BOX, LF STOMP, RF STOMP, ROLL HIPS COUNTERCLOCKWISE

1&2 LF step L side, RF together LF, LF step Fwd
3&4 RF step R side, LF together RF, RF step Back
5- 6 LF step L side (stomp), RF step R side (stomp)
7- 8 roll hips counterclockwise ending with weight on LF

B: 32 COUNT

B[1 - 8] RF BACK TOUCH, LF BACK TOUCH, RF BACK, TOES UP LF , BODY ROLL, COASTER

1&2& RF diagonally R back , LF touch beside RF, LF diagonally L back , RF touch beside LF
3- 4 RF step center back (facing 6:00), put LF toes up to forward
5- 6 body rolling
7&8 LF step back, RF back together, LF step forward (coaster step)

B[9 - 16] RF TOUCH×3, TOGETHER, LF TOUCH×3, TOGETHER, OUT, OUT, IN, IN

1&2& touch RF to R side, touch RF next to LF, touch RF to R side, RF step next to LF
3&4& touch LF to L side, touch LF next to RF, touch LF to L side, LF step next to RF
5- 6 RF forward out to R side(to diagonal), LF forward out to L side(to diagonal)
7- 8 RF back to centre, LF back together

B[17 - 24] RUN×3, TOGETHER, KNEE SLIGHTLY PUSH FWD & HAND MOTION, BACK WALK×3, TOGETHER

1&2& RF step forward , LF step forward ,RF step forward walk, LF step next to RF (Like a running a little)

- 3- 4 Knee together slightly push forward down- up ×2 (like brush - using the back of your right hand (from chin to ears), like brush - left hand)
- 5- 8 RF step back , LF step back, RF step back, LF step together

B[25 - 32] VOLTA FULL TURN, ROCK FWD & ROCK FWD

- 1&2& 1/4 turn to R stepping RF forward, LF step on ball next to RF (9:00), 1/4 turn to R stepping RF forward, LF step on ball next to RF (12:00)
- 3&4 1/4 turn to R stepping RF forward, LF step on ball next to RF (3:00), 1/4 turn to R stepping RF forward(6:00)
- 5- 6 Rock forward on LF, recover on RF
- &7-8 LF next to RF, Rock forward on RF, recover on LF

TAG : 4C (See Sequence)

- 1- 2 stretch Right Hand forward (with a finger in the shape of a gun), Left Hand grips the Right Hand
- 3- 4 hold, lift your hands like a shot.

Have fun!

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