

Good On You

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Séverine Fillion (FR) - September 2017
音樂: Good on You - Ward Thomas : (Album: Cartwheels)



Intro : 24 counts

[1-6] STEP FWD, SWEEP, STEP FWD, SWEEP

1-3 Right step fwd, Sweep left from back to front during 2 counts

4-6 Left step fwd, Sweep right from back to front during 2 counts

**** On 10th wall, add here 3 counts : right cross over left, unwind full turn left + Restart**

[7-12] CROSS, BACK, DIAGONALLY BACK, CROSS, BACK, DIAGONALLY BACK

1-3 Right cross over left, left step back, right step diagonally right back 1 :30

4-6 Left cross over right, right step back, left step diagonally left back 10 :30

[13-18] DIAGONALLY STEP, HITCH, BACK, SWEEP

1-3 Right step diagonally right fwd, raise up slowly left knee during 2 counts 10 :30

4-6 Left step back, Sweep right from front to back (2 counts) and finish facing 12 :00

[19-24] SAILOR STEP, BEHIND SIDE CROSS

1-3 Right cross behind left, left to left, right to right

4-6 Left cross behind right, right to right, left cross over right

[25-30] LARGE SIDE STEP, SLIDE (RIGHT & LEFT)

1-3 Large right step to right side, slide slowly left next to right during 2 counts

4-6 Large left step to left side, slide slowly right next to left during 2 counts

**** RESTART here on 4th wall**

[31-36] LARGE SIDE STEP, SLIDE (TO RIGHT), ROLLING VINE LEFT

1-3 Large right step to right side, slide slowly left next to right during 2 counts

4-6 Full turn left : ¼ turn L & left fwd, ½ turn L & right back, ¼ turn L & left to left

[37-42] CROSS, SIDE POINT, HOLD, 1/4 TURN & TOGETHER, SIDE POINT, HOLD

1-3 Right cross over left, touch left toe to left side, Hold 12 :00

4-6 Turn 1/4 left stepping left next to right, touch right toe to right side, Hold 9 :00

[43-48] CROSS, SIDE POINT, HOLD, 1/2 TURN & TOGETHER, SIDE POINT, HOLD

1-3 Right cross over left, touch left toe to left side, Hold

4-6 Turn 1/2 left stepping left next to right, touch right toe to right side, Hold 3 :00

Option for 4-6 : Turn 1 full and ½ left on left foot with right sweep

RESTART : On the 4th wall at 9 :00 after 30 counts, start again at the beginning

TAG : On the 10th wall at 12 :00, the music stops, dance the 6 first counts then add 3 counts :

Right cross over left, unwind full turn left during 2 counts (finish weight on left) then start again with the music !

ENJOY & SMILE !!