

The Old House

拍數: 34 牆數: 2 級數: Improver
編舞者: Rudy Honing (NL) - September 2017
音樂: This Old House Ain't a Home Anymore - Pete Rivers



Section 1 : Rumba box, Sweep, R behind, L side, R cross, side rock, R cross, R Side

1&2 Step RF to the right side, Step LF next RF, Step RF forward
3&4& Step LF to the left side, Step RF next LF, Step LF back, Sweeping RF to the back
5&6& Step RF back LF, Step LF to the left side, Cross RF over LF, Step LF to the left side
7&8 Weight back on RF, cross LF over RF, Step RF to the right side, Drag LF next RF

Section 2 : Rock L back, Step ¼ turn L, Pivot ½ turn left, Triple turn R, Mambo step R, Point

1&2 Step LF back RF, Weight back on RF, Step LF ¼ turn to the left forward
3&4 Step RF forward, Turn ½ to the left, Step RF forward
5&6 Turn ½ right step back on LF, Turn ½ right step forward on RF, Step forward on LF
7&8& Step RF forward, weight back on LF, Step RF back, Point L toe to the left

Section 3 : L cross, R side, L behind, Sweep R, R behind, L side, R cross, Flick ¼ turn R, 2 x Sissywalks, Rock L forward, Side rock L

1&2& Cross LF over RF, Step RF to the right side, Step LF back RF, Sweeping RF to the back
3&4& Step RF back LF, Step LF to the left side, Cross RF over LF, Turn ¼ to the right & lift L heel back
5-6 Cross LF over RF, Cross RF over LF
7&8& Step LF forward, weight back on RF, Step LF to the left side, Weight back on RF

Section 4 : ¼ diamond, R behind, 2 x walks 1/8 turn left, pivot ¼ turn R, Step touch 2x

1&2 Cross LF over RF, Step RF 1/8 turn left back, Step LF back
3&4 Step RF back LF, Step LF 1/8 turn left forward, Step RF forward
5&6 Step LF forward, Turn ¼ to the right, Cross LF over RF
7&8& Step RF to the right side, Touch L toe next RF, Step LF to the left side, Touch R toe next LF

Section 5 : Rocking chair

1&2& Step RF Forward, Weight back on LF, Step RF back, Weight back on LF

Start over

Restart : Wall 5 : dance all 4 sections & Restart

Step change : Wall 6 : Section 3

7&8& Step LF forward, Weight back on RF, Step LF back, Touch R toe next LF & Restart

Tag : Wall 9 : Double sissywalks : 2 x step 5-6 from section 3

More info : Visit www.honeybeez.nl or rudy@honeybeez.nl