

Believe It Or Not

COPPER KNOB
STEPSHEETS

拍數: 36 牆數: 4 級數: Upper Beginner
編舞者: Sue Wright (AUS) - June 2017
音樂: Theme from "Greatest American Hero" (Believe It or Not) - Joey Scarbury :
(Album: America's Greatest Hero)



START: Feet together, weight on left, 24 count Intro, start on lyrics

Heel, Toe, Heel, Toe, Forward, Together, Forward, Touch

1, 2 Touch R heel to right diagonal, Touch R toe across in front of left foot
3, 4 Touch R heel to right diagonal, Touch R toe across in front of left foot
5 - 8 Step R forward, Step L beside right, Step R forward, Touch L beside right

Heel, Toe, Heel, Toe, Forward, Together, Forward, Scuff

1, 2 Touch L heel to left diagonal Touch L toe across in front of right foot
3, 4 Touch L heel to left diagonal, Touch L toe across in front of right foot
5 - 8 Step L forward, Step R together, Step L forward, Scuff R beside left

Rocking Chair, Paddle Turn, Paddle Turn

1 - 4 Step R forward, Rock back on L, Step R back, Rock forward on L
5 - 8 Step R forward, Turning ¼ left step L to left, Step R forward, Turning ¼ left step L to left ****
6:00

Cross, Point, Cross, Point, Jazz Box ¼ Turn

1 - 4 Cross R over left, Point L toe to left side, Cross L over right, Point R toe to right side
(Move slightly forward in this sequence.)
5 - 8 Cross R over left, Step back on L, Turn ¼ right step R to right side, Step L forward ##### 9:00

Heel, Together, Heel Together

1, 2 Touch R heel to right diagonal, Step R beside left
3, 4 Touch L heel to left diagonal, Step L beside right

START DANCE AGAIN

Restart ** Wall 3: after count 24 (facing 12.00)**

Tag 1: 12 Count Tag at the end of Wall 6 (facing 3.00)

Vine Right, Vine Left, Heel, Together, Heel Together

1-4 Step R to right, Step L behind right, Step R to right, Touch L beside right
5-8 Step L to left, Step R behind left, Step L to left, Touch R beside left
9-12 Touch R heel to right diagonal, Step R beside left, Touch L heel to left diagonal, Step L
beside right

Tag 2: 4 Count Tag at the end of Wall 7 (Facing 12.00)

Heel, Together, Heel Together

1-4 Touch R heel to right diagonal, Step R beside left, Touch L heel to left diagonal, Step L
beside right

Ending: Wall 9 (starting at 9.00)

Dance to count 32##### (facing 6.00) and add the following:

Step R forward, Pivot ½ left (take weight on L), Step R forward, Clap

Free to be copied provided no changes are made to the original choreography.

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