

# One Night Only

拍數: 64      牆數: 4      級數: Improver  
編舞者: Suki Choi (KOR) - September 2017  
音樂: One Night Only - Jane McDonald



Intro: 32 counts

## INTRO DANCE - 64 counts

### iS1: K Step, ¼ R Step Side, Hitch, ¼ L Step Forward / Sweep

1-2            RF step diagonally R forward, LF touch beside  
3-4            LF step diagonally L back, RF touch beside  
5-6            RF ¼ turn right step side, LF hitch  
7-8            LF ¼ turn left step forward, LF cross over/sweep

### iS2: Weave, ¼ Turn L Step Forward, ½ Pivot L, ¼ L Step Side, Touch

1-2            RF cross over, LF step side  
3-4            RF cross behind, LF ¼ L step forward  
5-6            RF step forward, ½ pivot turn left  
7-8            RF ¼ L step side, LF touch beside

### iS3: K step, ¼ L Step Side, Hitch, ¼ R Step Forward / Sweep

1-2            LF step diagonally L forward, RF touch beside  
3-4            RF step diagonally R back, LF touch beside  
5-6            LF ¼ turn left step side, RF hitch  
7-8            RF ¼ turn right step forward, LF cross over / sweep

### iS4: Weave, ¼ Turn R Step Forward, ½ Pivot R, ¼ R Step Side, Touch

1-2            LF cross, RF step side  
3-4            LF cross behind, RF ¼ turn right step forward  
5-6            LF step forward, ½ pivot turn right  
7-8            LF ¼ R step side, RF touch beside

### iS5: Rock Forward, Recover, Back, Hold, Coaster, Hold

1-4            RF step forward, LF recover, RF step back, hold  
5-8            LF step back, RF step together, LF step forward, hold

### iS6: Prissy Walk (x2), Hold (5), Unwind Full Turn R

1-4            RF step cross, hold, LF step cross, hold  
5-8            hold (5), unwind full turn R (count 6, 7, 8)

### iS7: Hands Movement

1-4            Raise up your right hand, hold, Raise up your left hand, hold  
5-8            Slowly down your hands

### iS8: Sway (R, L), Side Touch (R, L)

1-4            RF step side with sway right, sway left  
5-8            RF step side, LF touch beside, LF step side, RF touch beside

## MAIN DANCE - 64 counts

### S1: Side Shuffle, Back, Recover, Side Shuffle, Back, Recover

1&2            RF step side, LF step beside, RF step side  
3-4            LF rock back, RF recover  
5&6            LF step side, RF step beside, LF step side

7-8 RF rock back, LF recover

**S2: Side and Cross Toe Strut, Side Rock, Recover, Sailor ¼ R**

1-2 RF side toe strut, RF heel down

3-4 LF cross toe strut, LF heel down

5-6 RF side rock, LF recover

7&8 RF ¼ R cross behind, LF step beside, RF step forward

**S3: Cross, Back, Back, Cross, Back, ½ R Step Forward, Step Forward, ½ Pivot R**

1-2 LF step cross, RF step back

3-4 LF step back, RF step cross

5-6 LF step back, RF ½ turn right step forward

7-8 LF step forward, L+R ½ turn right

**S4: Cross, Rock, Recover, Side Shuffle (L, R)**

1-2 LF step cross, RF recover

3&4 LF step side, RF step beside, LF step side

5-6 RF step cross, LF recover

7&8 RF step side, LF step beside, RF step side

**S5: Cross Samba, ⅛ L Cross Point, Behind, ⅛ Turn L Step Side, Cross**

1&2 LF cross over, RF step side rock, LF recover

3-4 RF ⅛ L step cross, LF point side

5-6 RF step cross, LF point side

7&8 RF step behind, LF ⅛ L step side, RF cross over

**S6: Bump Hip (L, R, L), Bump Hip (R, L, R), Triple Step**

1&2 LF step side and Bump L, Bump R, Bump L

3&4 RF ¼ L step side and Bump R, L, R

5&6 Lf step beside, RF step beside, LF step beside

7&8 RF step beside, LF step beside, RF step beside

**S7: Step Back, Back, Coaster, Step Forward, Pivot ½ L**

1-2 LF step back, RF step back

3&4 LF step back, RF step together, LF step forward

5-6 RF step forward, R+L ½ turn L

7-8 RF step forward, R+L ½ turn L

**S8: Jazz Box, Cross, Sway (R, L, R, L)**

1-2& RF step cross, hold, LF step back

3-4 RF step side, RF step cross

5-8 RF step side with Sway R, Sway L, R, L

**RESTART: Dance the 2nd and 6th wall up to and including Count 52 (count 4 of the 7th section)**

**TAG+ RESTART: Dance the 3rd wall up to and including Count 26 (count 6 of the 4th section)**

**Then: 7, 8 RF side rock, LF recover**

**START AGAIN.**

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