

Mendocino

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Dzintra Rozite (LAT) - September 2017
音樂: "Mendocino" by Jan Keizer



(1 – 8) 2 x Monterey turn ½ right

1 2 Touch R to right , ½ turn right step R next to L 6:00
3 4 Touch L to left side , step L next to R 6:00
5 6 Touch R to right , ½ turn right step R next to L 12:00
7 8 Touch L to left side , step L next to R (4) 12:00

(9 – 16) Grape vine , scuff, grape vine, scuff ¼ turning left

1 2 3 4 Step R to right, L behind R, R to right, scuff L fd 12:00
5 6 7 8 Step L to left, step R behind L, step L to left, scuff R fd ¼ turn left 9:00

(17 – 24) Grape vine ¼ turning right , step fd, ½ turn right stepping fd, hold, click

1 2 3 4 R to right, L behind R, ¼ turn right R fd , L fd 12:00
5 6 7 8 ½ turn right R fd , L fd, hold , click fingers 6:00

(25 – 32) Hip bumps (2x)

1 2 3 4 Bump R hip fd, bump L hip back , bump R hip fd taking weight on R, hold 6: 00
5 6 7 8 Bump L hip fd, bump R hip back , bump L hip fd taking weight on L, hold 6: 00

(33 – 40) Step, turn ½ , hold (2x)

1 2 3 4 R fd, ½ turn left L fd, R fd , hold 12:00
5 6 7 8 L fd, ½ turn right s R fd, L next to R, hold 6:00

(41 – 48) Twist to right, clap, twist to left, clap

1 2 3 4 Twist both heels R, twist both toes right, twist both heels right, hold, clap 6:00
5 6 7 8 Twist both heels left, twist both toes left, twist both heels left, hold clap 6:00

Tag: after walls 1 and 5

1 2 3 4 Rock R fd, replace weight on L, R next to L, hold
5 6 7 8 Rock L Back , replace weight on R, L next to R , hold

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