

# Single You Up

**COPPER** KNOB  
STEPSHEETS

拍數: 48                      牆數: 2                      級數: Easy Intermediate  
編舞者: Jenny Brown (USA), Sandi VanVliet & Gwen Walker (USA) - August 2017  
音樂: Singles You Up - Jordan Davis



#16 count intro, one easy restart on wall 3 after count 40

**[1-8] Right Lock, right locking triple, left step ½ turn, left ½ turn triple.**

1-2                      Step R forward, lock L behind R.  
3&4                     Step R forward, lock L behind R (&), step R forward.  
5-6                     Step L forward , turn ½ to right, weight on R (6:00)  
7&8                     Make ½ turn triple to right , step L ¼ right, step R ¼ (&) step L forward (12:00)

**[9-16] ¼ turn right, right side rock cross, left side rock cross, sway**

1-2                     Step R ¼ to right, cross L over R. (3:00)  
3&4                     Rock R to right side, recover to L(&), cross R over L  
5&6                     Rock L to left side, recover to R(&), cross L over R  
7-8                     Step R to right side swaying hip to right, recover to L sway hip to left.(3:00)

**[17-24] Walk right, left, anchor step, left full turn, left coaster.**

1-2                     Walk forward R, L.  
3&4                     Step R behind L, step L in place(&), step R back.  
5-6                     Turn ½ left stepping back on L, turn ½ left stepping back on R  
7&8                     Step L back, step R back beside L(&), step L forward.(3:00)

**[25-32] Twist heels, coaster, step ½ turn, left triple**

1&2                     Step forward on ball of R, twist both heels to right(&)twist back to center weight on L.  
3&4                     Step back on R, step L back beside R(&)step R forward.  
5-6                     Step L forward, turn ½ to right, weight on right (9:00)  
7&8                     Step L forward, step R beside L(&), step L forward.

**[33-40] Rock forward, rock back, rock side, ¾ turn right Sailor**

1-4                     Rock R forward, recover L, rock R back, recover L.  
5-6                     Rock R to right side, recover to L (9:00)  
7&8                     Turn ¼ right step R behind L(12:00), turn ¼ turn right step L in place(&)(3:00) Turn ¼ right  
step R to right side (6:00)

**( Restart here on Wall 3\*\*\*\* Replace the last R step in the Sailor with a R touch, Restart dance(6:00))**

**[41-48] Left side rock, right side rock, left forward rock, walk right, left.**

1-2 &                    Rock L to left side, recover to R, step L beside R(&)  
3-4 &                    Rock R to right side, recover to L, step R beside L(&)  
5-6 &                    Rock L forward, recover to R, step L beside R(&)  
7-8                     Walk forward R, L (6:00)

Have fun, Dance from the Heart with JOY

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