

Single You Up

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Jenny Brown (USA), Sandi VanVliet & Gwen Walker (USA) - August 2017
音樂: Singles You Up - Jordan Davis



#16 count intro, one easy restart on wall 3 after count 40

[1-8] Right Lock, right locking triple, left step ½ turn, left ½ turn triple.

1-2 Step R forward, lock L behind R.
3&4 Step R forward, lock L behind R (&), step R forward.
5-6 Step L forward , turn ½ to right, weight on R (6:00)
7&8 Make ½ turn triple to right , step L ¼ right, step R ¼ (&) step L forward (12:00)

[9-16] ¼ turn right, right side rock cross, left side rock cross, sway

1-2 Step R ¼ to right, cross L over R. (3:00)
3&4 Rock R to right side, recover to L(&), cross R over L
5&6 Rock L to left side, recover to R(&), cross L over R
7-8 Step R to right side swaying hip to right, recover to L sway hip to left.(3:00)

[17-24] Walk right, left, anchor step, left full turn, left coaster.

1-2 Walk forward R, L.
3&4 Step R behind L, step L in place(&), step R back.
5-6 Turn ½ left stepping back on L, turn ½ left stepping back on R
7&8 Step L back, step R back beside L(&), step L forward.(3:00)

[25-32] Twist heels, coaster, step ½ turn, left triple

1&2 Step forward on ball of R, twist both heels to right(&)twist back to center weight on L.
3&4 Step back on R, step L back beside R(&)step R forward.
5-6 Step L forward, turn ½ to right, weight on right (9:00)
7&8 Step L forward, step R beside L(&), step L forward.

[33-40] Rock forward, rock back, rock side, ¾ turn right Sailor

1-4 Rock R forward, recover L, rock R back, recover L.
5-6 Rock R to right side, recover to L (9:00)
7&8 Turn ¼ right step R behind L(12:00), turn ¼ turn right step L in place(&)(3:00) Turn ¼ right
step R to right side (6:00)

(Restart here on Wall 3** Replace the last R step in the Sailor with a R touch, Restart dance(6:00))**

[41-48] Left side rock, right side rock, left forward rock, walk right, left.

1-2 & Rock L to left side, recover to R, step L beside R(&)
3-4 & Rock R to right side, recover to L, step R beside L(&)
5-6 & Rock L forward, recover to R, step L beside R(&)
7-8 Walk forward R, L (6:00)

Have fun, Dance from the Heart with JOY

Contacts:-

Gwen Walker: gkwdance@gmail.com

Sandi VanVliet: lasandikay@gmail.com

Jenny Brown: jdb_in_ar@yahoo.com