Beautiful Time-Waster



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Rob Holley (USA) - September 2017

音樂: Heartbreaker - Brett Eldredge: (CD: Brett Eldredge - iTunes)



Intro: 16 counts - Sequence: 32-28-Tag-32-28-Tag-16-Restart-28-Tag-32-32

[1-8] SLIDE RIGHT, TOUCH, 1/4 TURN L SLIDE LEFT, TOUCH, VINE R w/ 1/4 TURN R, VINE L

1-2 Slide R to R side, touch L next to R

3-4 Turn ¼ left & slide L to L side, touch R next to L (9:00)

Step R to R side, step L behind R, turn ¼ R & step R forward (12:00)

7&8 Step L to L side, step R behind L, step L to L side

[9-16] R IGHT SAMBA, LEFT SAMBA w/ 1/4 TURN L, CROSSING SHUFFLE, SIDE-ROCK-CROSS

Cross R over L, step L to L side, step R diagonally forward Cross L over R, turn ¼ L & step R back, step L back (9:00)

Cross R over L, step L in place, step R across L
 Rock L to L side, recover weight on R, cross L over R

117-241 MODIFIED 1/4 MONTEREY TURN W/HIP BUMP. HIP BUMP W/MODIFIED 1/4 MONTEREY TURN

1-2 Point R toe to R side, turn ¼ R & step R next to L (weight to R) (12:00)

3&4 Bump hips L/R/L (weight to L) 5&6 Bump hips R/L/R (weight to R)

7-8 Point L toe to L side, turn ¼ L & step L next to R (weight to L) (9:00)

[25-32] CHARLESTON, RIGHT FORWARD MAMBO, LEFT BACK MAMBO

1-4 Touch/sweep R forward, step R back, touch/sweep L back, step L forward

TAG

5&6 Step R forward, step L in place, step R next to L7&8 Step L back, step R in place, step L next to R

*TAG 16ct (done 3X during dance):

Always after count 28 on wall 2 facing 6:00, wall 4 facing 12:00 & wall 6 facing 6:00* [1-8] RIGHT FORWARD MAMBO, LEFT BACK MAMBO, ½ TURN CCW CIRCLE WALK

Step R forward, step L in place, step R next to L
Step L back, step R in place, step L next to R
Walk ½ turn CCW stepping right, left, right, left

[9-16] RIGHT FORWARD MAMBO, LEFT BACK MAMBO, ½ TURN CCW CIRCLE WALK

Step R forward, step L in place, step R next to L
Step L back, step R in place, step L next to R
Walk ½ turn CCW stepping right, left, right, left

Restart dance from beginning

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^{**}Restart - During wall 5 while facing 9:00**