

The Fighter

拍數: 96 牆數: 1 級數: Phrased Intermediate
編舞者: Carlton Thompson (USA) - September 2017
音樂: The Fighter (feat. Carrie Underwood) - Keith Urban



Sequence: A | B | B | A (Drop Sections 5 & 6) | B | B | A (Sections 1 & 2) | Tag | B | B | B

Part A: 64 COUNTS

Section A1:

1-2 Roll and Lift R leg up, Toe touch R ft. forward (45 degrees to right side)
3&4 Bring R ft. next to L ft., Step L ft. to center, Step R ft. forward (45 degrees to right side).
5-6 Roll and Lift L leg up, Toe touch L ft. forward (45 degrees to right side)
7&8 Bring L ft. next to R ft., Step R ft. to center, Step L ft. forward (45 degrees to left side).

Section A2:

1 Step R ft. forward
2-3 Make ½ turn right leading with L ft., Make ½ turn right leading with R ft.
4 Step L ft. forward
5-6 Make ½ turn left leading with R ft., Make ½ turn left leading with L ft.
7-8 Make ¼ turn left leading with R ft., Toe Touch L ft. back (9:00)

Section A3:

1-2 Step L ft. forward, Swing and Hitch R leg up.
3-4 Step R ft. back, Step L ft. back.
5-6 Make ¼ turn right leading with R ft., Toe touch L toe next to R ft. (12:00)
7-8 Step L ft. to left side, Toe-Touch R ft. next to left foot.

Section A4:

1-2 Make ¼ turn right leading with R ft., Make ½ turn right leading with L ft. (9:00)
3-4 Step R ft. forward, Make ¼ turn right leading with L ft.
5-6 Cross L ft. behind R ft., Make ¼ turn left leading with L ft.
7-8 Make ½ turn left leading with R ft., Make ¼ turn left leading with L ft. (12:00)

Section A5:

1-2 Step R ft. to right side, Swing and hitch L ft. up next to right knee.
3-4 Step L ft. to left side, Swing and hitch R knee up across left leg.
5-6 Step R ft. to right side, Cross L ft. behind R ft.,
7-8 Make as 45 degree turn right leading with R ft., Toe touch L ft. next to R ft. (2:00)

Section A6:

1-2 Step L ft. back, Make "almost a half turn to the left (10:00)" and step R ft. forward
3&4 Applejacks to the R., Applejacks to the center, Applejacks to the L.
5-6 Step R ft. back, Tap L heel forward.
7-8 Step L ft. back, Tap R heel forward.

Section A7:

1-8 Tap R heel (x 8) (with optional shoulder shrugs)

Section A8:

1&2& Cross R ft. over L, Step L ft. to L side, Cross R ft. behind L, Step L ft. to L side.
3&4& Cross R ft. over L, Step L ft. to L side, Cross R ft. behind L, Step L ft. to L side.
5 Cross R ft. over L,
6-7-8 Counter-Clockwise Unwind

Part B Chorus – 32 COUNTS

Section B1:

- 1-2 Step R ft. to right side, Step L ft. to left side. (Optional arms, see details below)
- 3-4 Step L ft. to left side, Step R ft. to right side. (Optional arms, see details below)
- 5-6 Step R ft. to right side, Step L ft. to left side. (Optional arms, see details below)
- 7-8 Step L ft. to left side, Step R ft. to right side. (Optional arms, see details below)

Section B2:

- 1-2 Make $\frac{1}{4}$ turn right with R ft., Toe-touch L ft. next to right ft. (3:00)
- 3-4 Make pivot $\frac{1}{2}$ turn right leading with L ft., Toe-touch R ft. next to left ft. (9:00)
- 5-6 Step forward with R ft., Toe-touch L ft. next to right ft. (3:00)
- 7-8 Make $\frac{1}{4}$ turn right with L ft., Toe-touch R ft. next to left ft. (12:00)

Section B3:

- 1-2 Cross Toe-touch R toe over left ft., Step L ft. to left side. (Optional arms, see details below)
- 3-4 Cross Toe-touch L toe over right ft., Step R ft. to right side. (Optional arms, see details below)
- 5-6 Cross Toe-touch R toe over left ft., Step L ft. to left side. (Optional arms, see details below)
- 7-8 Cross Toe-touch R toe over left ft., Step L ft. to left side. (Optional arms, see details below)

Section B4:

- 1&2 Jump both feet shoulder widths apart, Jump and cross R ft. behind left ft., Jump both feet shoulder widths apart.
- 3-4 Step R ft. to right side, Toe-touch L ft. next to right.
- 5-6 Step L ft. to left side, Toe-touch R ft. next to left.
- 7-8 Make $\frac{1}{4}$ turn to the right leading with R ft. (3:00), Pivot $\frac{3}{4}$ turn right leading with L ft. (12:00)

Tag Line:

- 1& Step R to right side, Step L to left side
- 2& Step R to right side, Step L to left side
- 3& Step R to right side, Step L to left side
- 4& Step R to right side, Step L to left side
- 5&6& Cross R ft. over L, Step L ft. to L side, Cross R ft. behind L, Step L ft. to L side.
- 7&8& Cross R ft. over L, Counter-Clockwise Unwind

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The Fighter Demo Video is also on Carlton Thompson's Page: www.facebook.com/cthompsonchoreo

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