# Shake with Sam



拍數: 72 編數: 1 級數: Phrased Improver

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音樂: Shake - Sam Cooke



## Adapted from Just A Closer Walk

Right lead, 32 ct. intro. 2 Restarts 3rd & 5th A

Sequence: A B, A B, A 1-32 A B, A 1-32 A B to end of music

#### A: 40 counts

## A1: 4 point rambles forward

1,2	R point to right side, R step forward in front of L
3,4	L point to left side, L step forward in front of R
5,6	R point to right side, R step forward in front of L
7,8	L point to left side, L step forward in front of R

## A2: 4 "back tracks"

1,2	R step back diagonally right, L touch beside R
3,4	L step back diagonally left, R touch beside L
5,6	R step back diagonally right, L touch beside R
7,8	L step back diagonally left, R touch beside L

# A3: Sliding door/hold right & left

1-4	R side-rock, recover on L, R over L, hold
5-8	L side-rock, recover on R, L over R, hold

## A4: R mambo fwd./hold, L mambo back/hold

1-4 R rock forward, recover on L, R step back, hold
5-8 L rock back, recover on R, L step forward, hold

Restart here on 3rd & 5th repetitions of A

#### A5: Rumba box back

1-4 R side, L together, R back, L touch5-8 L side, R together, L forward, R touch

#### B: 32 counts

SLOW basics with "shimmies" right, left, right, left

B1: [1-8] R side, L draw/step beside R, R side, L draw/touch beside R

B2: [1-8] L side, R draw/step beside L, L side, R draw/touch beside L

B3: [1-8] R side, L draw/step beside R, R side, L draw/touch beside R

B4: [1-8] L side, R draw/step beside L, L side, R draw/touch beside L

Repeat in sequence; A B, A B, A[1-32] A B, A[1-32] A B to end of music

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