

Dig The Feeling

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Tina Argyle (UK) - September 2017
音樂: Kinda Dig the Feeling - The Railers : (iTunes)



Count In : 40 counts from very start of track – just before lyrics approx. 20 seconds in

S1: Box Step. Box Step ¼ Turn

1 -4 Step forward right, step forward left. Step back right, step back left
5 -8 Make ¼ turn left stepping fwd right, step fwd left. Step back right, step back left (9 o'clock)

S2: R Shuffle Fwd. ½ Shuffle Turn. Coaster Step. L Shuffle Fwd.

1&2 Step fwd right, close left at side of right, step fwd right
3&4 ¼ turn right stepping left to left side, close right at side of left, make ¼ turn right stepping back left (3 o'clock)
5&6 Step back right, Step back left, step fwd right
7&8 Step fwd left, close right at side of left, step fwd left

S3: Touch Side&Side, &Heel &Heel, &Touch &Heel, &Touch &Heel.

1&2 Touch right toe to right side, step together with right, touch left toe to left side
&3&4& Step together with left touch right heel fwd, step together with right touch left heel fwd, step together with left

*** Bridge here during wall 2 – see notes at bottom of script ***

5&6 Touch right toe behind left, step back right, touch left heel fwd
&7&8 Step down left, touch right toe behind left, step back right, touch left heel fwd

S4: & Side Rock Cross Shuffle, ½ Hinge Turn, Ball Walk, Walk.

&1-2 Step down left, rock right to right side, recover weight onto left
3&4 Cross right over left, step left to left side, cross right over left
5 -6 Make ¼ turn right stepping back left, ¼ turn right stepping right to right side (9 o'clock)
&7-8 Step slightly fwd left, walk fwd right then left

S5: R Rock Fwd. Ball Walk Back x2 L Rock Back. Ball Walk Fwd x2

1 - 2 Rock fwd right, recover onto left
&3-4 Step right at side of left, step back left then right
5 - 6 Rock back left, recover weight onto right
&7-8 Step left at side of right, step fwd right then left

S6: R Rock Fwd, ½ Shuffle Turn. ¼ Chasse Turn, Sailor Step

1 -2 Rock fwd right, recover weight onto left
3&4 Make ½ shuffle turn right stepping RLR (3 o'clock)
5&6 Make ¼ turn right stepping left to left side, close right at side of left, step left to left side (6 o'clock)
7&8 Cross right behind left, rock left to left side, step right down

S7: Sailor ¼ Turn. 3 Circuar Shuffles Making ¾ Turn In Total

1&2 Cross left behind right, make ¼ turn left stepping right to right side, step left down (3 o'clock)
3&4 Turning left in an arc shuffle RLR towards (12 o'clock)
5&6 Turning left in an arc shuffle LRL towards (9 o'clock)
7&8 Turning left in an arc shuffle RLR towards (6 o'clock)

S8: Switching Rock Steps. R Shuffle Back. L Coaster Step

1 - 2 Rock fwd left, recover weight onto right

&3-4 Step left at side of right, rock fwd right, recover weight onto left
5&6 Step back right, close left at side of right, step back right
7&8 Step back left, step back right, step fwd left

TAGS: End of wall 1 add the following 16 count Tag. End of wall 3 add first 8 counts only of the Tag

1 – 8 R rock fwd ½ shuffle turn. L rock fwd ½ shuffle turn.
9 – 16 ½ pivot turn R shuffle fwd. ½ pivot turn L shuffle turn.

BRIDGE

During wall 2 dance up to count 4& of section 3 then start section 5 facing 9 o'clock

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