

Thumbs

拍數: 64 牆數: 2 級數: Phrased Low Intermediate
編舞者: Linda Francey (CAN) & Regina Cheung (CAN) - September 2017
音樂: Thumbs - Sabrina Carpenter



Intro : 32 counts - Sequence : AAA BB AA BB AA BBB Ending

Part A – 32 Count

Sec A1: Right Toe Strut, Left Toe Strut, Right Touch Kick, Right Coaster

1 2 Facing diagonal (1:30), Touch right toe forward, Drop right heel
3 4 Touch left toe forward, Drop left heel
5 6 Right touch beside left, Kick forward diagonal
7&8 Step right back, Step left next to right, Step right (1:30)

Sec A2: Left pivot 1/2 right, Left Forward Shuffle, Full Turn Left (option : Right forward, Left forward), Right forward pivot 3/8 L

1 2 Left step forward pivot 1/2 right
3&4 Step forward on left, Lock right behind left, Step forward on left
5 6 Right 1/2 L back, Left 1/2 L forward (option : Right forward, Left forward)
7&8 Step right forward pivot 5/8 L (3:00)

Sec A3: Cross Side Behind Side Cross, Left Side Rock, Cross Shuffle

1 2 Right cross over left, Step left to left side
3&4 Step right behind left, Step left to left side, Right cross over left
5 6 Rock left on side, Recover onto right
7&8 Cross left over right, Step right to right side, Cross left over right (3:00)

Sec A4: Jazz Box Cross, Sway Touch, Sway Touch

1 2 Right cross over left, Step left 1/4 right back
3 4 Step right beside left, Left cross over right
5 6 Sway right hip to right, Touch left to left diagonal
7 8 Sway left hip to left, Touch right to right diagonal (weight ends on left) (6:00)

Part B – 32 Count (first B starts at 6:00)

Sec B1: Right Chasse, Back Rock, 1/4 Left, 1/2 Left, 1/4 Chasse Left

1&2 Step right to right side, Step left together, Step right to right side
3 4 Left rock back, Recover on right
5 6 Step left forward 1/4 left, Step right 1/2 left back
7&8 Step left 1/4 left, Step right next to left, Step left to side (6:00)

Sec B2: Cross Side, Right Sailor, Rock Recover, 1/4 left Chasse

1 2 Right cross over left, Step left to left side
3 4 Cross right behind left, Step left beside right, Step right to right side
5 6 Rock left forward, Recover on right
7&8 Step left 1/4 left, Step right next to left, Step left to left side (3:00)

Sec B3: Bump & Bump, Bump & Bump, Back Rock, Pivot 1/4 left

1&2 Bump back on right, Recover on left, Bump back on right
3&4 Bump back on left, Recover on right, Bump back on left
5 6 Right rock back, Recover on left
7 8 Right step forward, Pivot 1/4 left (12:00)

Sec B4: Jazz Box Cross, Heels Swivel Travelling Right

1 2 Right cross over left, Stet left back
3 4 Step right beside left, Left cross over right
5 8 Step right to right travelling heels toes heels toes (weight ends on Left) (12:00)

Ending : after last B facing 12:00, Both Thumbs Up !!!

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