

# Redneck Life

COPPER KNOB  
STEPPERS

拍數: 60      牆數: 4      級數:  
編舞者: Kim McCloughan (AUS) - September 2017  
音樂: Redneck Life - Chris Janson : (Album: Everybody)



Original position: Feet together weight on left foot

**THIS DANCE IS DONE IN 4 DIRECTIONS**

**INTRODUCTION:- 16 BEATS**

## **S1: HEEL, TOGETHER, HEEL, HEEL, TOGETHER, HEEL TOGETHER, HEEL TOGETHER, DOUBLE KICK**

1-2            Tap R Heel Forward, Tap R Toe Together.  
3-4&        Tap R Heel Forward, Tap R Heel Forward, Step R Together.  
5&6&        Tap L Heel Forward, Step L Together, Tap R Heel Forward, Step R Foot Together.  
7-8            Kick L Foot Forward, Kick L Foot Forward.

## **S2: BACK, FORWARD, STEP TURN 360deg, V STEP**

1-2            Step L Back Lifting R Foot Off The Ground, Step R Forward.  
3-4            Turn 360deg R Step L Forward Hitch R Knee Up.  
5-6            "V" Step, Step R Forward At 45deg Right, Step L Forward At 45deg Left.  
7-8            Step R Back To The Centre, Step L Together

## **S3: SIDE, BEHIND ¼ R, ¼ JUMP, TWISTS**

1-2            Step R To The Side, Step L Foot Behind Right.  
3-4            Turn 90deg R Stepping R Forward, Turn 90deg R Jump Both Feet Together

**(Alt: Step L Foot Beside R)**

5-6            Twist Both Heels To The Left, Twist Both Toes To The Left.  
7-8            Twist Both Heels To The Left, Twist Both Toes To The Left.

## **S4: ¼ BOX STEP, TOE STRUTS**

1-2            Box Step Turning 90deg R, Step R Across Left, Step L Back.  
3-4            Turn 90deg R Stepping R Forward, Step L Foot Forward.  
5-6            Toe Strut- Touch Ball Of R Foot Forward, Drop R Heel.  
7-8            Toe Strut- Touch Ball Of L Foot Forward, Drop L Heel.

## **S5: HEEL, TOE, HEEL, SIDE, FLICK BEHIND, POINT, FLICK INFRONT, ¼ R FLICK TO THE SIDE**

1-2            Tap R Heel Forward, Tap R Toe Back  
3-4            Tap R Heel Forward, Tap R Toe To The Right Side.  
5-6            Flick R Foot Up Behind Left Leg Tap R Foot With L Hand, Tap R Toe To The Side.  
7-8            Flick R Foot In front Of Left Leg Tap R Foot With L Hand, Turn 90degL Flick R Foot To The R Side Tap R Outside Of The Foot With R Hand.

## **S6: VINE ¼ TURN R ½ HITCH, BACK, ½ TURN HITCH, STEP FORWARD HITCH**

1-2            Step R To The Side, Step L Foot Behind Right.  
3-4            Turn 90degR Step R Foot Forward, Turn 180degR Hitching Left Knee Up.  
5-6            Step Back On L Foot, Turn 180degR Hitching R Knee Up.  
7-8            Step R Foot Forward, Hitch L Knee Up.

## **S7: PIVOT ¼ R, CROSS, TURN L ¾ STEP, QUICK ROCKING CHAIR, PIVOT ½, PIVOT ½**

1&2            Step L Forward Pivot Turn 90degR, Step R To The Side, Cross L Foot Over R.  
3&4            Turn 90degL Step R Foot Back, Turn 180degL Step L Foot Forward, Step R Foot Forward.  
5&6&        Quick Rocking Chair, Step Forward On L, Step Back On R, Step Back On L, Step Forward On R.

7&8& Step Forward L Pivot 180degR Step R Forward, Step Forward L Pivot 180degR Step R Forward.

**S8: FORWARD, HOLD, AND STEP AND STEP**

1-2& Step L Forward, Hold, Step R Together

3&4 Step L Forward, Step R Together, Step L Forward.

**[60] REPEAT DANCE IN NEW DIRECTION**

**TAG: AT THE END OF WALL 4 ADD THE FOLLOWING TAG**

1-2 Kick R Foot Forward, Kick Right Foot Forward

3-4 Tap R Toe Beside Left, Tap R Toe Beside L

**ALTERNATIVE BITS FOR EXTRA FUN**

**ALT: FOR THE FIRST 8 COUNTS YOU CAN JUMP THE WHOLE SECTION EG:**

1-2 Kick R Foot Forward Step R Beside L, Kick L Foot Forward Step L Together

3-4 Kick R Foot Forward, Kick R Foot Forward (While Bouncing On L Foot)

5-6 Step R Together Kick L Forward, Step It Together Kick R Foot Forward Step R Together

7-8 Kick L Foot Forward, Kick L Foot Forward(While Bouncing On R Foot)

**Then Into The Dance As Normal**

**ADD JUMPS IN THE SECTION WITH THE TURNS AND HITCHES JUST MAKES IT MORE FUN**

**HAVE LOADS OF FUN WITH IT I SAY.....**

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