Dirt Road Disco

拍數: 32

級數: Intermediate

編舞者: Vanessa Lopez - September 2017

音樂: Dirt Road Disco - Colt Ford

Dance begins after 32 counts. - 3 Tags - No Restarts

[1-8] Left-Side Rock Recover, Left Triple Step, Right-Side Rock Recover, Right Triple Step (12:00) 1.2 Rock L to left, Recover onto R 3&4 Step L to left, Step R next to L, Step L to left Rock R to right, Recover onto L 5.6 7&8 Step R to right, Step L next to R, Step R to right [9-16] 1/4 Heel Grind, Coaster Step, Charleston (9:00) 1, 2 Place L heel forward, Turn 1/4 left as you step R down (9:00) 3&4 Step L back, Step R next to L, Step L forward For counts 5-8: Swing free leg slightly wide and/or swivel feet to create Charleston styling. 5, 6, 7, 8 Touch R forward, Step R back, Touch L back, Step L forward [17-24] Triple Step, 1/2 Pivot, Full-Turn Triple Step, Step, 1/4 Together, Cross (12:00) 1&2 Step R forward, Step L next to R, Step R forward 3, 4 Step L forward, Pivot 1/2 right and finish with weight on R (3:00) Turn 1/2 right as you step L back (9:00), Turn 1/2 right as you step R forward (3:00), Step L 5&6 forward 7& Step R forward, Turn 1/4 left as you step L next to R (12:00) [25-32] Syncopated Vine, Toe Touches, Scuff, Knee Swivel, 1/4 Hip Roll, Toe Touch (3:00) 8&1& Cross R over L, Step L left, Cross R behind L, Step L left 2&3& Touch R next to L, Step R right, Touch L next to R, Step L left 4, 5, 6 Scuff R, Touch R to right with knee turned out, Swivel knee to center 7,8 Turn 1/4 right as you swing hips around and finish with weight on R (3:00), Touch L next to R TAG: After the first 12 counts of repetitions 3, 7, and 10, add these four counts then restart the dance from count 1. [1-4] Out, Out, In, Touch Step R right and slightly forward, Step L left and slightly forward 1, 2 3, 4 Step R back to center, Touch L next to R NOTES: For counts 1-2 and 5-6, feel free to style with hip rolls, shaking hips, skate steps, etc. For counts 31-32, you can style by stepping onto R and spinning 1 1/4 right, ready to start again.

Dance by Vanessa - Vanessa.Lopez1288@gmail.com

Step Sheet by Jonno - JivinJonno@icloud.com





牆數:4