

From The Ground Up Baby

COPPER KNOB
STEPPERS

拍數: 24 牆數: 4 級數: Beginner waltz
編舞者: Linn Trehag (NOR) - September 2017
音樂: From the Ground Up - Dan + Shay



Restart: 18th wall after 12 counts facing 9.00

(1-6) Walk forward x2

1,2,3 Walk forward L
4,5,6 Walk forward R

(7-12) Rock step, walk back x2, drag

1,2,3 Rock forward on L, recover on R, step back on L
4,5,6 Step back on R, drag L beside R over 2 counts

Restart in wall 18

(13-18) Long step, drag x2

1,2,3 Long step L to L, drag R beside L over 2 counts
4,5,6 Long step R to R drag L beside R over 2 counts

(19-24) 1/4 turn L , Sweep, jazzbox

1,2,3 1 1/4 turn L stepping L forward, sweep R from back over 2 counts
4,5,6 Cross R over L, step L back, step R beside L

Restart in wall 18, start again after 12 counts

End the dance with:

1,2,3 Walk forward L
4,5,6 Walk forward R
7,8,9 1/4 turn L stepping L forward, sweep R from back over 2 counts

Contact: linn@trehag.com