

Sing a Song

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Sonja Hemmes (USA) - September 2017
音樂: Sing a Song - Earth, Wind & Fire : (Album: Greatest Hits)



Start after 32 counts

S1: WALK FORWARD DIAGONALLY, SWIVEL, WALK FORWARD DIAGONALLY, SWIVEL

1-4 Walk forward right diagonally, right, left, right, swivel on right to face left
5-8 Walk forward left diagonally, left, right, left, swivel on left to face forward

S2: RIGHT ROCK FORWARD, TRIPLE BACK, ROCK BACK, TRIPLE FORWARD

1-2 Rock forward on right, step on left
3&4 Step right back, step left back in front of right, step right back
5-6 Rock back on left, step on right
7&8 Step left forward, step right behind left, step left forward

S3: TWO 1/4 TURNING JAZZ BOXES TURNING RIGHT

1-2 Step forward on right, step back on left
3-4 Step forward on right turning 1/4 right, step left next to right
5-8 Repeat steps 1-4

S4: TRIPLE FORWARD, ROCK LEFT, TRIPLE FORWARD, ROCK RIGHT

1&2,3-4 Step forward right, left, right, rock left to left side, step on right
5&6,7-8 Step forward left, right, left, rock right to right side, step on left

S5: RIGHT FORWARD, TOE TAP, STEP LEFT, RIGHT, LEFT FORWARD, TOE TAP, STEP RIGHT, LEFT

1-4 Step forward on right, tap left toe behind right, step left next to right, step on right
5-8 Step forward on left, tap right toe behind left, step right next to left, step on left

S6: CROSS, SIDE, CROSS, SIDE, SIDE, CROSS, SIDE, CROSS

1-2 Step right in front of left, step left to left side
3-4 Step right in front of left, step left to left side
5-6 Step right to right side, step left in front of right
7-8 Step right to right side, step left in front of right

S7: LOCK STEP BACK, SCUFF, COASTER BACK, HOLD

1-4 Step right back, step left back in front of right, step right back, scuff
5-8 Step left back, step right back next to left, step left forward, hold

S8: JAZZ BOX TURNING 1/4 RIGHT, WEAWE

1-4 Step right forward, step left back, step right forward turn 1/4 right, left next to right
5-8 Step right to right side, step left behind right, step right to right side, step left in front of right