Life's About To Get Good



拍數: 48 牆數: 2 級數: Improver

編舞者: Nathan Gardiner (SCO) - September 2017 音樂: Life's About To Get Good - Shania Twain



Intro: 16 counts

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S1: Step Pivot ½ L, Step Forward, ½ R, Shuffle ½ R, Rock Forward, Recover	
1-2	Step forward on R, Pivot ½ L
3-4	Step forward on R, ½ R stepping back on L
5&6	1/4 R stepping R to R side, Step L next to R, 1/4 R stepping forward on R
7-8	Rock forward on L, Recover on R
S2: L Lock Step Back, Out Out, In, Cross, Rock Out, Recover, Kick Ball Step	
1&2	Step back on L, Lock R in front on L, Step back on L
&3&4	Step R to R side, Step L to L side, Step R in, Cross L over R
5-6	Rock out to R side, Recover on L
7&8	Kick R forward, Step R next to L, Step forward on L
S3: Jazz Box ¼ R Point, ¼ L, ½ L, Shuffle ½ L	
1-2	Cross R over L, ¼ R stepping back on L
3-4	Step R to R side, Point L to L side
5-6	1/4 L stepping forward on L, 1/2 L stepping back on R
7&8	1/4 L stepping L to L side, Step R next to L, 1/4 L stepping forward on L
S4: Walk Forward R & L, Step Pivot ½ L, Rocking Chair	
1-2	Step forward on R, Step forward on L
3-4	Step forward on R, Pivot ½ L
5-6	Rock forward on R, Recover on L
7-8	Rock back on R, Recover on L
S5: Walk Forward R & L, Mambo Step, Coaster Step, R Lock Step	
1-2	Step forward on R, Step forward on L
3&4	Rock forward on R, Recover on L, Step back on R
5&6	Step back on L, Step R next to L, Step forward on L
7&8	Step forward on R, Lock L behind R, Step forward on R
S6: Cross, Step Back, Shuffle ½ L, Syncopated Jazz Box Cross with Point	
	Cross L over R, Step back on R
3&4	1/4 L stepping L to L side, Step R next to L, 1/4 L stepping forward on L
5-6	Cross R over L, Step back on L
&7-8	Step R to R side, Cross L over R, Point R to R side
Tag: End of walls 1, 3, 5	

Cross Rock, Recover, Side Rock, Recover

1-2 Cross rock R over L, Recover on L 3-4 Rock out to R side, Recover on L

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