

# Life's About To Get Good

COPPERKNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Improver  
編舞者: Nathan Gardiner (SCO) - September 2017  
音樂: Life's About To Get Good - Shania Twain



Intro: 16 counts

**S1: Step Pivot ½ L, Step Forward, ½ R, Shuffle ½ R, Rock Forward, Recover**

1-2            Step forward on R, Pivot ½ L  
3-4            Step forward on R, ½ R stepping back on L  
5&6           ¼ R stepping R to R side, Step L next to R, ¼ R stepping forward on R  
7-8            Rock forward on L, Recover on R

**S2: L Lock Step Back, Out Out, In, Cross, Rock Out, Recover, Kick Ball Step**

1&2            Step back on L, Lock R in front on L, Step back on L  
&3&4           Step R to R side, Step L to L side, Step R in, Cross L over R  
5-6            Rock out to R side, Recover on L  
7&8            Kick R forward, Step R next to L, Step forward on L

**S3: Jazz Box ¼ R Point, ¼ L, ½ L, Shuffle ½ L**

1-2            Cross R over L, ¼ R stepping back on L  
3-4            Step R to R side, Point L to L side  
5-6            ¼ L stepping forward on L, ½ L stepping back on R  
7&8            ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward on L

**S4: Walk Forward R & L, Step Pivot ½ L, Rocking Chair**

1-2            Step forward on R, Step forward on L  
3-4            Step forward on R, Pivot ½ L  
5-6            Rock forward on R, Recover on L  
7-8            Rock back on R, Recover on L

**S5: Walk Forward R & L, Mambo Step, Coaster Step, R Lock Step**

1-2            Step forward on R, Step forward on L  
3&4            Rock forward on R, Recover on L, Step back on R  
5&6            Step back on L, Step R next to L, Step forward on L  
7&8            Step forward on R, Lock L behind R, Step forward on R

**S6: Cross, Step Back, Shuffle ½ L, Syncopated Jazz Box Cross with Point**

1-2            Cross L over R, Step back on R  
3&4            ¼ L stepping L to L side, Step R next to L, ¼ L stepping forward on L  
5-6            Cross R over L, Step back on L  
&7-8           Step R to R side, Cross L over R, Point R to R side

Tag: End of walls 1, 3, 5

**Cross Rock, Recover, Side Rock, Recover**

1-2            Cross rock R over L, Recover on L  
3-4            Rock out to R side, Recover on L

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