Me Bunda!



拍數: 64 牆數: 4 級數: Improver

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音樂: Bunda - Angela Hunte



Intro: 32 Counts

S1. V STEP, 1/4 TURN HIP ROLL LEFT (9 o'clock)

1,2,3,4 Step R up to R angle(1) Step L up to L angle(2) Return R home(3) Return L home(4)
5,6,7,8 Turn 1/8th L as you roll R hip(5) Shift weight to L(6) Turn 1/8th L as you roll R hip(7) Shift weight to L(8)

**Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to double time the paddle turns to hit the music, bringing the hands up and around or however you feel it!

S2. V STEP, 1/4 TURN HIP ROLL LEFT (6 o'clock)

1,2,3,4 Step R up to R angle(1) Step L up to L angle(2) Return R home(3) Return L home(4)
5,6,7,8 Turn 1/8th L as you roll R hip(5) Shift weight to L(6) Turn 1/8th L as you roll R hip(7) Shift weight to L(8)

**Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to double time the paddle turns to hit the music, bringing the hands up and around or however you feel it!

S3. JUMP UP, HOLD, JUMP BACK, HOLD, JUMP UP, HOLD, JUMP BACK, HOLD (6 o'clock)

&1,2,&3,4 Jump up stepping forward and out R then L (&1) Hold or clap(2) Jump back stepping back and out R then L(&3) Hold or clap (4)

&5,6,&7,8 Jump up stepping forward and out R then L (&5) Hold or clap (6) Jump back stepping back and out R then L(&7) Hold or clap(8)

**Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to jump up bringing both hands up, and as you jump back, bring both hands down to side leaning slightly fwd **Note: Second option - we can also fast feet these hops to shake that booty! Don't forget those hands!

S4. JAZZ BOX, JAZZ BOX 1/4 RIGHT CROSS (9 o'clock)

1,2,3,4 Cross R over L(1) Step back on L(2) Step R to R(3) Step L forward(4)

5,6,7,8 Cross R over L(5) Step back on L making 1/8th turn R(6) Step R to R making 1/8th R(7) Cross L over R(8)

S5. SLIDE RIGHT, CHEST/BOOTY POP, SLIDE LEFT, CHEST/BOOTY POP (9 o'clock)

1,2,3&4 Slide R to R Side as you drag L in(1) Bring L fully in with a touch(2) Pop chest up(3) Collapse chest in as you bring hips forward(&) Pop the booty out(4) Weight stays on R

5,6,7&8 Slide L to L Side as you drag R in(5) Bring R fully in with a touch(5) Pop chest up(7) Collapse

chest in as you bring hips forward(&) Pop the booty out(8) Weight stays on L

Option: On Chest/Booty pops you can just do 2 chest pops if you prefer

S6. RIGHT CROSS POINT LEFT, LEFT CROSS POINT RIGHT, WALK BACK X4 WITH SHIMMY(9 o'clock)

1,2,3,4 Cross R over L(1) Point L toes to L(2) Cross L over R(3) Point R toe to R(4)

5,6,7,8 Walk back R,(5) Walk back L(6) Walk back R(7) Walk Back L(8) **Note: Shimmy as you walk back!**

S7. SLOW SAILOR STEPS, KNEE DIP (9 o'clock)

1,2,3,4 Step R behind L(1) Step L to L(2) Step R in place(3) Step L behind R(4)

5,6,7,8 Step R to R(5) Step L in place (6) Bend R knee in to center(7) Return R knee home keeping weight on L(8)

Option for counts 1-6: Crossing Sambas and Step out R, L

1&2, 3&4 Cross R over L(1) Rock L to L side(&) Recover on R(2) Cross L Over R(3) Rock R to R Side(&) Recover on (4)Step R to R side

S8. STEP ½ TURN Left, WALK RIGHT, LEFT, MONTERAY ½ RIGHT (9 o'clock)

1,2,3,4 Step forward on R(1) Pivot ½ turn L onto L(2) Walk forward R(3) Walk forward L(4)

5,6,7,8 Point R toes to R(5) drag R into L and step down on R as you turn ½ turn R(6) Point L toes to

L(7) Step down on L(8)

Note: Option on Monterey: RIGHT SIDE MAMBO 1/2 RIGHT, LEFT SIDE MAMBO

5&6, 7&8 Rock R to R(5) Recover to L(&) ½ R as you step on R(6) Rock L to L(7) Recover to R(&)

Step L to center(8)

RESTART: Wall 3 will start facing 6 o'clock - Dance the first 16 Counts of the dance and restart (2 V-steps with paddle turns) which bring you to 12 o'clock - RESTART

SMILE & ENJOY ME BUNDA!

Last Update - 16th Sept 2017