

Me Bunda!

拍數: 64 牆數: 4 級數: Improver
編舞者: Kayla Cosgrove (USA) & Rosie Multari (USA) - September 2017
音樂: Bunda - Angela Hunte



Intro: 32 Counts

S1. V STEP, ¼ TURN HIP ROLL LEFT (9 o'clock)

1,2,3,4 Step R up to R angle(1) Step L up to L angle(2) Return R home(3) Return L home(4)
5,6,7,8 Turn 1/8th L as you roll R hip(5) Shift weight to L(6) Turn 1/8th L as you roll R hip(7) Shift weight to L(8)

****Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to double time the paddle turns to hit the music, bringing the hands up and around or however you feel it!**

S2. V STEP, ¼ TURN HIP ROLL LEFT (6 o'clock)

1,2,3,4 Step R up to R angle(1) Step L up to L angle(2) Return R home(3) Return L home(4)
5,6,7,8 Turn 1/8th L as you roll R hip(5) Shift weight to L(6) Turn 1/8th L as you roll R hip(7) Shift weight to L(8)

****Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to double time the paddle turns to hit the music, bringing the hands up and around or however you feel it!**

S3. JUMP UP, HOLD, JUMP BACK, HOLD, JUMP UP, HOLD, JUMP BACK, HOLD (6 o'clock)

&1,2,&3,4 Jump up stepping forward and out R then L (&1) Hold or clap(2) Jump back stepping back and out R then L(&3) Hold or clap (4)
&5,6,&7,8 Jump up stepping forward and out R then L (&5) Hold or clap (6) Jump back stepping back and out R then L(&7) Hold or clap(8)

****Note: On walls 2 & 5 facing 9 o'clock as well as wall 7 facing 3 o'clock, during the chorus an option is to jump up bringing both hands up, and as you jump back, bring both hands down to side leaning slightly fwd**

****Note: Second option - we can also fast feet these hops to shake that booty! Don't forget those hands!**

S4. JAZZ BOX, JAZZ BOX ¼ RIGHT CROSS (9 o'clock)

1,2,3,4 Cross R over L(1) Step back on L(2) Step R to R(3) Step L forward(4)
5,6,7,8 Cross R over L(5) Step back on L making 1/8th turn R(6) Step R to R making 1/8th R(7) Cross L over R(8)

S5. SLIDE RIGHT, CHEST/BOOTY POP, SLIDE LEFT, CHEST/BOOTY POP (9 o'clock)

1,2,3&4 Slide R to R Side as you drag L in(1) Bring L fully in with a touch(2) Pop chest up(3) Collapse chest in as you bring hips forward(&) Pop the booty out(4) Weight stays on R
5,6,7&8 Slide L to L Side as you drag R in(5) Bring R fully in with a touch(5) Pop chest up(7) Collapse chest in as you bring hips forward(&) Pop the booty out(8) Weight stays on L

Option: On Chest/Booty pops you can just do 2 chest pops if you prefer

S6. RIGHT CROSS POINT LEFT, LEFT CROSS POINT RIGHT, WALK BACK X4 WITH SHIMMY(9 o'clock)

1,2,3,4 Cross R over L(1) Point L toes to L(2) Cross L over R(3) Point R toe to R(4)
5,6,7,8 Walk back R,(5) Walk back L(6) Walk back R(7) Walk Back L(8) ****Note: Shimmy as you walk back!****

S7. SLOW SAILOR STEPS, KNEE DIP (9 o'clock)

1,2,3,4 Step R behind L(1) Step L to L(2) Step R in place(3) Step L behind R(4)
5,6,7,8 Step R to R(5) Step L in place (6) Bend R knee in to center(7) Return R knee home keeping weight on L(8)

Option for counts 1-6: Crossing Sambas and Step out R, L

1&2, 3&4 Cross R over L(1) Rock L to L side(&) Recover on R(2) Cross L Over R(3) Rock R to R Side(&) Recover on (4)Step R to R side

5,6,7,8 (5) Step L to L side(6) (Counts 7,8 stay the same)

S8. STEP ½ TURN Left, WALK RIGHT, LEFT, MONTERAY ½ RIGHT (9 o'clock)

1,2,3,4 Step forward on R(1) Pivot ½ turn L onto L(2) Walk forward R(3) Walk forward L(4)

5,6,7,8 Point R toes to R(5) drag R into L and step down on R as you turn ½ turn R(6) Point L toes to L(7) Step down on L(8)

Note: Option on Monterey: RIGHT SIDE MAMBO ½ RIGHT, LEFT SIDE MAMBO

5&6, 7&8 Rock R to R(5) Recover to L(&) ½ R as you step on R(6) Rock L to L(7) Recover to R(&) Step L to center(8)

RESTART: Wall 3 will start facing 6 o'clock - Dance the first 16 Counts of the dance and restart (2 V-steps with paddle turns) which bring you to 12 o'clock – RESTART

SMILE & ENJOY ME BUNDA!

Last Update - 16th Sept 2017
