

# My Girl

**COPPER** **NOB**  
BY STEPHEN T. S.

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Duma Kristina S (INA) - September 2017  
音樂: My Girl - Westlife



Intro : 16 count

**(1-8) R Lindy, Step, Kick, Step, Kick**

1&2      Step R to R side (1), Step L beside R (&), Step R to R side (2)  
3 4      Step back on L (3), Recover on R (4)  
5 6      Step L to L side (5), Kick R cross L(6)  
7 8      Step R to R side (7), Kick L cross R (8)

**(9-16) L Lindy, Toe Strut**

1&2      Step L to L side (1), Step R beside L (&), Step L to L side (2)  
3 4      Step back on R (3), Recover on L (4)  
5 6      Touch R toe to R diagonal (5), Step down on R (6)  
7 8      Touch L toe across R (7), Step down on L (8)

**(17-24) Step, Recover, Cross, Touch, Step, Recover, Shuffle turn 1/4**

1 2      Step R to R side (1), Recover on L (2)  
3 4      Cross R over L (3), Point L to L side (4)  
5 6      Step L forward (5), Recover on R (6)  
7&8      turn 1/4 L, Step L to L side (7), Step R beside L(&), Step L to L side (8)

**(25-32) Cross, Swing, Cross, Swing, Jazz box**

1 2      Cross R over L (1), L swing (2)  
3 4      Cross L over R (2), R swing (4)  
5 6      Cross R over L (5), Step back on L (5)  
7 8      Step R to side (7), Cross L over R (8)

Restart on wall 6th, facing 09.00

Dance up to count 16 and start again

Enjoy the dance

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