

# Headphones

COPPER KNOB  
STEPSHEETS

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Lauren Adcock (USA) - July 2017  
音樂: Headphones - Jackie Lee



Count In: 16 Count

## [1-8] KICK AND POINT X2, HIP BUMPS WITH A ½ TURN X2

- 1&2      Kick R foot forward (1) , Step R foot next to L (& ) , Point L foot to L side (2) (12:00)  
3&4      Kick L foot forward (3) , Step L foot next to R (& ) , Point R foot to R side (4) (12:00)  
5,6      Make a ¼ turn L touching R toe to R side and bumping hip (5), Make a ¼ turn L sitting back on R and bumping hip (6) (6:00)  
7,8      Make a ¼ turn L touching L toe to L side and bumping hip (7), Make a ¼ turn L stepping forward on R (8) (12:00)

## [9-16] KICK AND LOCK, UNWIND WITH KNEE POPS, SAILOR STEP, SAILOR STEP WITH ¼ TURN

- 1&2      Kick R foot forward (1), Step R foot forward (&) Lock L foot behind R (2) (12:00)  
3,4      Unwind a ¼ L, popping knees (3), Unwind a ¼ L, popping knees, take weight on L (6:00)  
5&6      Step R foot behind L (5), Step L foot to L side (&), Step forward R (6) (6:00)  
7&8      Step L foot behind R (7), Make a ¼ turn L, stepping L foot to L side (&), Step forward R (8) (3:00)

**Optional Styling: If knee pops don't suit your style, scoot heels to the right two times as you turn on counts 3 and 4**

## [17-24] SLIDE, CROSSING SHUFFLE, CROSS, BACK, SHUFFLE WITH A ¼ TURN

- 1,2      Slide R on R foot (1,2) (3:00)  
3&4&      Cross L foot over R (3), Step R foot to R (&), Cross L foot over R (4), Step R foot to R (&) (3:00)  
5,6      Cross L foot over R (5), Step back on R (6), (3:00)  
7&8      Make a ¼ turn L stepping L foot to L side (7), Step R foot together (&), Step L foot to L (8) (12:00)

## [25-32] WIZARD STEPS X2, HEEL TOUCHES X2, STEP, ¼ PIVOT TURN

- 1,2&      Step R foot forward to R diagonal (1), Lock L foot behind R (2), Step R foot forward (&) (12:00)  
3,4&      Step L foot forward to L diagonal (3), Lock R foot behind L (4), Step L foot forward (&) (12:00)  
5&6&      Touch R heel forward (5), Step R foot together (&), Touch L heel forward (6), Step L foot together (&) (12:00)  
7,8      Step R foot forward (7), Make a ¼ pivot turn L, taking weight on L (8) (9:00)\*\*

## [33-40] SIDE ROCK, RECOVER, WEAVE, KICK BALL CHANGE X2

- 1,2      Rock R foot to R side (1), Recover weight on L (2) (9:00)  
3&4      Step R foot behind L (3), Step L foot to L side (&), Cross R foot over L (4) (9:00)  
5&6      Kick L foot forward (5), Step L foot slightly back (&) Step R foot forward (6) (9:00)  
7&8      Kick L foot forward (7), Step L foot slightly back (&) Step R foot forward (8) (9:00)

## [41-48] ¼ TURN, HOLD, ½ TURN, HOLD, COASTER STEP, WALK X2

- 1,2      Make a ¼ turn R stepping L foot to L side (1), Hold (2) (12:00)  
3,4      Make a ½ turn R stepping R foot to R side (3), Hold (4) (6:00)  
5&6      Step L foot back (5), Step R foot together (&), Step L foot forward (6) (6:00)  
7,8      Step forward on R (7), Step forward on L (8) (6:00)

**Optional Styling: Clap on the hold counts (2 and 4), Feel free to use camel walks or knee pops on counts 7 and 8**

**\*\*MODIFIED RESTART**

On the 5th wall, restart the dance after count 32 by making a  $\frac{1}{2}$  turn instead of a  $\frac{1}{4}$  turn and picking up with kick and points

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