

# Bruise

拍數: 64      牆數: 2      級數: Improver  
編舞者: Yujin Jung (KOR) - August 2017  
音樂: Bruise (멍) - Kim Hyun Jung (김현정)



## [1-8] OPEN AND CLOSE, BEND KNEE X3

- 1,2      RF LF opens at the same time, Both legs close at the same time(Lift both arms up)
- 3-4      (Turn your arms from L to R)
- 5-6      Bend the L knee(R hand in front of face, L hand behind face)
- 7,8      Bend the R knee(L hand in front of face, R hand behind face), Bend the L knee(R hand in front of face, L hand behind face)

## [9-16] SIDE ROCK RECOVER, CROSS FORWARD, SIDE STEP, SWING HIPS, SIDE TOUCH

- 1-2      LF L side rock recover
- 3,4      LF step cross forward, RF step on R side
- 5,6      R swing one's hips, LF forward out to L side touch
- 7,8      L swing one's hips, RF forward out to R side touch

## [17-24] JAZZ BOX, ¼ TURN JAZZ BOX

- 1,2      RF step cross forward, LF step back
- 3,4      RF step on R side, LF step cross forward
- 5,6      RF step cross forward, ¼ turn R stepping LF back (3:00)
- 7,8      RF step on R side, LF step cross forward

## [25-32] R CHASSE, BACK ROCK RECOVER, PIVOT TURN X2

- 1&2      RF step on R side, LF step close to RF, RF step on R side
- 3-4      LF back rock recover
- 5,6      LF step forward, pivot ¼ turn R (roll hips for extra styling) (6:00)
- 7,8      LF step forward, pivot ¼ turn R (roll hips for extra styling) (9:00)

## [33-40] STEP FORWARD X3, KICK, STEP BACK AND HITCH X2

- 1,2,3,4      LF step forward, RF step forward, LF step forward, RF kick
- 5,6      RF step back, LF hitch (move your hands from R down to L up)
- 7,8      LF step back, RF hitch (move your hands from L down to R up)

## [41-48] STEP BACK AND HITCH X2, ROCK RECOVER X2

- 1,2      RF step back, LF hitch (move your hands from R down to L up)
- 3,4      LF step back, RF hitch (move your hands from L down to R up)
- 5-6      RF back rock recover
- 7-8      RF forward rock recover

## [49-56] CROSS BACK R TURN, STEP TOUCH

- 1-2      RF step cross back (point forward by R hand)
- 3-4      R turn (3:00)
- 5,6      RF step on R side, LF step touch side by RF
- 7,8      LF step on L side RF step touch side by LF

## [57-64] R VINE STEP, STEP TOUCH, WALK X4

- 1,2,3,4      RF step on R side, LF step cross back, RF step on R side, LF step touch by RF
- 5,6,7,8      Walk LF(5), RF(6), LF(7), RF(8) ¾ L turning (6:00)

**RESTART : ON WALL 4 AFTER COUNT 48 (3'00)**  
**AFTER RESTART WALL CHANGE OF DIRECTION**

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