

I Can't Feel My Feet

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa McCammon (USA) - August 2017
音樂: When You Kiss Me - Jessica Sonner : (CD: All We Need)



#32 count intro after lyrics on "kiss" -

Country: You Broke Up With Me by Walker Hayes, CD You Broke Up With Me; 120 bpm;
#32 count intro -

Clockwise rotation; start weight on L

Thanks to Mitzi Day and Patrick Fleming for challenging me to write this dance. Note: when using the country option track, dance through what sounds like a restart during the 8th repetition and the dance will end at the end of the pattern facing [9].

WALK, WALK, ANCHOR STEP, BACK, BACK, HOLD, BALL-CROSS

1-2 Walk forward R, L
3&4 Placing R ball next to L heel, rock in place R-L, then step slightly back onto R
5-6-7 Step back L, step back R, HOLD
&8 Step L slightly back, cross R

SWAY L, R, L, TOUCH, KICK-&-POINT, KICK-&-POINT

1-4 Step L to side, swaying onto L, sway onto R, sway onto L, touch R home
5&6 Kick R forward, step R slightly forward, point L to side
7&8 Kick L forward, step L slightly forward, point R to side

R ROCKING CHAIR*, R JAZZ BOX RIGHT ¼

1-4 Rock forward R, recover L, rock back R, recover L
5-8 Cross R, step back L, turn right ¼ [3] stepping side R, step forward L

ANCHOR STEP, TRIPLE BACK, BACK ROCK, RECOVER, KICK-BALL-STEP

1&2 Placing R ball next to L heel, rock in place R-L, then take small step back R
3&4 Step back L, close R, step back L
5-6 Rock back R, recover L
7&8 Kick R forward, step R home, step SLIGHTLY forward L

*Option for more experienced dancers instead of the rocking chair in the third set:

1-2& Rock forward R, recover L, step R home
3-4& Rock forward L, recover R, step L home

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