

# Amame

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate Rumba  
編舞者: Nicole Côté (CAN) - August 2017  
音樂: Amame - Belle Perez



## Start 32 Counts (14 seconds into track)

### S1: Basic Rumba

1-2      Rock left Forward, Recover right  
3-4      Step left side, Hold  
5-6      Rock right Back, Recover left  
7-8      Step right side, Hold

### S2: Forward Rocks

1-2      Rock left Forward, Recover right  
3-4      Rock left Forward, Hold  
5-6      Rock right Forward, Recover left  
7-8      Rock right Forward, Hold

### S3: Half a Box, Slide to the right

1-2      Step left side, Step right together  
3-4      Step left forward, hold  
5-6      Step right side, Step left together  
7-8      Step right side, hold

### S4: Side Break L and R, Quarter Turn Right

1-2      Rock left behind right, Recover right  
3-4      Step left side, hold  
5-6      Rock right behind left, Recover left  
7-8      Step right forward (turning  $\frac{1}{4}$  right), hold

### S5: Basketball Change (1/2 Turn Right), Forward Rock

1-2      Step left forward, Turn  $\frac{1}{2}$  right, Step right forward  
3-4      Step left forward, hold  
5-6      Rock right forward, Recover left  
7-8      Rock right forward, Hold

### S6: Cross Body Lead

1-2      Rock left forward, Recover right (turning  $\frac{1}{4}$  left)  
3-4      Step left side, hold  
5-6      (turning  $\frac{1}{4}$  left) Rock right back, Recover left (step forward)  
7-8      Step right forward

### S7: Rumba Box

1-2      Step left side, Step right together  
3-4      Step left forward, hold  
5-6      Step right side, Step left together  
7-8      Step right back, hold

### S8: Cucaracha

1-2      Press left side, Shift weight left, then right  
3-4      Step left together, hold

5-6 Press right side, Shift weight right, then left  
7-8 Step right together, hold

Contact: [nickiecote@yahoo.ca](mailto:nickiecote@yahoo.ca)

---