

Baby Pains

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Norman Gifford (USA) - August 2017
音樂: Labor Pains - Michael Lee Austin



(Step back, back rock-step, brush, forward lock-step, brush)

1-4 Right step back; left rock back; right replace, brush
5-8 Left step forward; right lock behind left; left step forward; brush

(Rock-step, chassè turning ¼ right, crossover, step side turning ¼ left, step side, brush)

1-2 Right rock forward; left replace back preparing turn
3&4 Right step side turning ¼ right; left together; right step side [3:00]
5-6 Left crossover; right step side turning ¼ left [12:00]
7-8 Left step side; right brush across

(Cross-rock, replace, step side, brush, cross-rock, replace, turn ¼ left, brush)

1-4 Right cross-rock; left replace; right step side; left brush
5-6 Left cross-rock; right replace
7-8 Turn ¼ left stepping forward; right brush forward [9:00]

(Rock-step, coaster-step, rock-step, long draw back)

1-2 Right rock forward; left replace back
3&4 Right step back; left together; right step forward
5-6 Left rock forward; right replace back
7-8 Left long step back; right slowly draw by left (do not take weight)

BEGIN AGAIN

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