

# Easily Bored

**COPPER KNOB**  
BY SHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Claire Denney (CAN) - August 2017  
音樂: Bored to Death - Eric Hutchinson



## Start on Lyrics

### R. SHUFFLE FWD, SIDE ROCK, RECOVER, L. SHUFFLE FWD, SIDE ROCK, RECOVER

1 & 2      Step right forward, L. step beside R. , R. step forward  
3 - 4      Left rock left side, Recover onto R  
5 & 6      Step left forward, R. step beside L, L. step forward  
7 - 8      Right rock right side, Recover onto L

### STEP BACK, TOUCH, STEP BACK, TOUCH, BACK ROCK, RECOVER, BACK ROCK, RECOVER

1 - 4      R. step back, Touch L. to L. side, L. step back, Touch R. to R. side  
5 - 8      R. back rock, Recover on to L, R. back rock, Recover on to L.

### STEP FORWARD, SWEEP, CROSS, SWEEP, JAZZ BOX

1 - 2      R. step forward, Sweep L across R.  
3 - 4      L. step over R, Sweep R. across L  
5 - 8      R. jazz box

### 1/4 Right Monterey, Tap, Kick, Tap, Kick

1- 4      Touch right, Turn 1/4 right step beside L, Touch L, L. step beside R 3:00  
5 - 8      R. tap beside L, R. kick forward, R. tap beside L, R. kick forward

I needed a beginner dance to compliment Ria Vos's excellent popular dance Bored.  
Try a floor split to include both level of dancers to enjoy the music.

Contact: [claire.denney1@gmail.com](mailto:claire.denney1@gmail.com)

Last Update - 27th Aug 2017

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