

Burn Out

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Karen Tripp (CAN) - August 2017
音樂: Burn Out - Midland : (Album: Midland - EP)



Short intro: begin on the word "burn" on the lyrics "watching cigarettes burn out"

S1: R BIG SIDE STEP R, HOLD, L BALL, R SIDE, L TOUCH, (2X) SIDE, TOUCH (12:00)

1-2 Big step side right, draw left to right to a touch
&3-4 Step left next to right, step side right, touch left toe next to right
5-6 Step side left, touch right to left
7-8 Step side right, touch left to right

S2: L BIG SIDE STEP L, HOLD, R BALL, L SIDE, R CROSS ROCK, L RECOVER, R SHUFFLE ¼ R, L FORWARD (3:00)

1-2 Big step side left, draw right to left to a touch
&3 Step right next to left, step side on left
4-5 Cross right over left, recover weight to left
6&7 Shuffle ¼ right stepping right, left, right (3:00)
8 Step forward on left

S3: R PIVOT ½ TURN R, L TURNING SHUFFLE ½ R, R BACK SHUFFLE, L REVERSE ROCKING CHAIR (3:00)

1 Pivot ½ right and step on right (9:00)
2&3 Shuffle ½ turn right stepping left, right, left (3:00)
4&5 Shuffle back stepping right, left, right
6-7 Rock back on left, recover forward on right
8-1 Rock forward on left, recover back on right

S4: L FULL TURN LEFT, L FORWARD, R SIDE, L HEEL, L BALL, R CROSS, L SIDE, R HEEL, R BALL, L CROSS (3:00)

2 Turn ½ left and step on left
3 Turn ½ left and slightly back on right
4 Step slightly forward on left
&5 Step side right, tap left heel out
&6 Step left, cross right over left
&7 Step side left, tap right heel out
&8 Step right, cross left over right

Easier option for counts 2,3,4 – Coaster Step (back on left, close on right, forward on left)

Restart: Wall 7 starts facing 6:00, Restart after 16 counts facing 9:00.

Ending: Wall 10 start facing 3:00, dance up to count 26. Facing 6:00, do the reverse rocking chair. Turn ½ left (count 26) and hold, facing 12:00. Sweep right foot from back to front to a touch.