

Enough Is Enough

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Intermediate
編舞者: Ria Vos (NL) - August 2017
音樂: What About Us - P!nk : (Single)



Intro: 16 Slow Counts (16 sec)

Sequence: A, A, B, B, A, A, B, B, B, B, A, A, B, B, A (14 counts)

Part A (16 'slow' Counts 2 wall):

A1: Cross-Sweep, Cross, 1/8L Back, Back-Sweep, Behind, 1/8L Side, Cross Rock, Side, Cross Rock, Side Rock

1-2& Cross R Over L Sweepin L Around, Cross L Over R, 1/8 Turn L Step Back on R
3-4& Step Back on L Dragging R Towards L, Step R Behind L, 1/8 L Step L to L Side (9:00)
5-6& Cross Rock R Over L, Recover on L, Step R to R Side
7& Cross Rock L Over R, Recover on R
8& Rock L to L Side, Recover on R

A2: Behind-Sweep, Behind, ¼ L, Step Full Spiral L, Walk, Walk, Step Pivot ½ R, ¼ R Side, Behind ¼ L, Step Pivot ½ L

1-2& Step L Behind R Sweeping R Around, Step R Behind L, ¼ L Step Fwd on L (6:00)
3-4& Step Fwd on R Spiral Turn Full Turn L, Walk Fwd on L, Walk Fwd on R
5-6& Step Fwd on L, Pivot ½ Turn R, ¼ Turn R Step L to L Side (3:00)
7& Step R Behind L, ¼ Turn L Step Fwd on L (12:00)
8& Step Fwd on R, Pivot ½ Turn L (6:00)

Part B (32 'fast' Counts 4 wall):

B1: Rock Fwd, & Rock Fwd, Back Shuffle, Shuffle ½ Turn R

1-2& Rock Fwd on R, Recover on L, Step R Next to L
3-4 Rock Fwd on L, Recover on R
5&6 Shuffle Back Stepping L-R-L
7&8 Shuffle ½ Turn R Stepping R-L-R (6:00)

B2: Step Pivot ½ Turn R, Crossing Samba, Cross ¼ R, Shuffle ½ R

1-2 Step Fwd on L, Pivot ½ Turn R (12:00)
3&4 Cross L Over R, Rock R to R Side, Recover on L
5-6 Cross R Over L, ¼ Turn R Step Back on L (3:00)
7&8 Shuffle ½ Turn R Stepping R-L-R (9:00)

B3: Rock Fwd, Ball-Back, Back, Coaster Step, Full Turn L

1-2& Rock Fwd on L, Recover on R, Step on Ball of L Next to R
3-4 Walk Back R-L
5&6 Step Back on R, Step L Next to R, Step Fwd on R
7-8 Pivot ½ Turn L, ½ Turn L Step Back on R Sweeping L Around (9:00)

B4: Behind, Point & Point, ¼ L, Shuffle ½ L, ¼ L Side Rock, Together

1 Step L Behind R
2&3 Point R to R Side, Step R Next to L, Point L to L Side
4 ¼ Turn L Step weight Fwd on L (6:00)
5&6 Shuffle ½ Turn L Stepping R-L-R (12:00)
7-8& ¼ Turn L Rock L to L Side, Recover on R, Step L Next to R (9:00)

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