

# Mamas Broken Heart

COPPERKNOB  
STEPSHEETS

拍數: 76      牆數: 4      級數: Phrased Advanced - Country  
編舞者: Johan Bouillon (SA) & Stephan Steyn (SA) - July 2017  
音樂: Mama's Broken Heart - Miranda Lambert



Intro: 16 Count intro

Notes: Dance A A B A A B A Tag B

## Section A: 32 counts

### AS1: CROSS, SIDE, BEHIND, SIDE, CROSS, UNWIND, PREP, SPIN, SIDE

1,2            Cross RF over LF, Step LF to L  
3&4           Step RF behind LF, Step LF to L, Cross RF over LF  
5,6           Unwind  $\frac{3}{4}$  turn placing weight on LF, Step RF fwd prepping L shoulder  
7,8           Spin full turn L on RF, step LF to L

### AS2: CROSS & HEEL & TOE & HEEL & CROSS, SIDE, TOUCH, UNWIND, JUMP X 2

1&2&        Cross RF over LF, Step LF diagonally back, Touch R heel fwd, Step RF in place  
3&4&        Touch LF behind RF, Step LF diagonally back, Touch R heel fwd, Step RF in place  
5&6        Step LF fwd, Step RF to R, Touch L toe behind RF,  
&7&8        Unwind  $\frac{3}{4}$  turn L placing weight on LF, Jump feet together, Jump feet open

### AS3: KICK, STEP, COASTER STEP, $\frac{1}{2}$ TURN KICK, HITCH, BACK, RUN BACK X 3

1,2            Kick RF to 04:30, Step RF back  
3&4           Step RF back, Close LF next to RF, Step RF fwd  
5&6           Make  $\frac{1}{2}$  turn L kicking RF back, Hitch RF, Step RF back  
7&8           Run back L, R, L

### AS4: COASTER STEP, SHUFFLE FWD, TOUCH, $\frac{1}{2}$ T HITCH, TOUCH, SWITCHES

1&2           Step RF back, Step LF next to RF, Step RF fwd  
3&4           Step LF fwd, Close RF next to LF, Step LF fwd  
5&6           Make  $\frac{1}{8}$  turn L touching RF to R, Make  $\frac{1}{2}$  turn hitching R, Touch RF to R  
&7&8        Close RF to LF, Touch LF to L, Close LF to RF, Touch RF to R

## Section B: 44 counts

### BS1: $\frac{1}{8}$ T CHASSE R, $\frac{1}{4}$ T CHASSE L, $\frac{1}{4}$ T CHASSE R, $\frac{1}{2}$ T CHASSE FWD

1&2            Make  $\frac{1}{8}$  turn R stepping RF to R, Close LF to RF, Step RF to R  
3&4            Make  $\frac{1}{4}$  turn L stepping LF to L, Close RF to LF, Step LF to L  
5&6            Make  $\frac{1}{4}$  turn R stepping RF to R, Close LF to RF, Step RF to R  
7&8            Make  $\frac{1}{2}$  turn L stepping LF fwd, Close RF to LF, Step LF fwd (10:30)

### BS2: R SAILOR, L SAILOR, STEP $\frac{1}{2}$ T, COASTER STEP

1&2            Cross RF behind LF, Step LF to L, Step RF in place  
3&4            Cross LF behind RF, Step RF to R, Step LF in place  
5,6            Step RF fwd, Make  $\frac{1}{2}$  turn L keeping weight on RF  
7&8            Step LF back, Close RF next to LF, Step LF fwd

### BS3: R DOROTHY/WIZARD, L DOROTHY/WIZARD, JAZZ BOX

1,2&        Step RF to R diagonal, Lock LF behind RF, Step RF fwd  
3,4&        Step LF to L diagonal, Lock RF behind LF, Step LF fwd  
5,6,7,8      Cross RF over LF, Step LF back, Step RF to R, Step LF fwd

### BS4: STEP $\frac{1}{2}$ TURN, 1 $\frac{1}{2}$ TURN, (HITCH SCOOT) x2, COASTER STEP

1,2            Step RF fwd, Make  $\frac{1}{2}$  turn L placing weight on LF

&3&4 (Make ½ turn L stepping RF back, Make ½ turn L stepping LF fwd) x2  
5&6& Hitch RF scooting LF back, Hitch LF scooting RF back  
7&8 Step LF back, Close RF next to LF, Step LF fwd

**BS5: ROCK RECOVER X2, LARGE SIDE, DRAG, STEP**

1,2& Square up to 03:00 rocking RF to R, Recover weight to LF, Close RF to LF  
3,4& Rocking LF to L, Recover weight to RF, Close LF to RF  
5,6,7,8 Step RF large step to R, Drag LF to R ending weight on LF

**BS6: R VAUDEVILLE, L VAUDEVILLE**

1&2& Step RF across LF, Step LF diagonally back, Touch R heel fwd, Step RF in place  
3&4& Step LF across RF, Step RF diagonally back, Touch L heel fwd, Step LF in place

**TAG: (STEP, ½ TURN) X2, CROSS, COASTER STEP, HITCH**

1,2 Step RF fwd, Make ½ turn L stepping LF in place  
3,4 Repeat 1,2  
5,6&7& Cross RF over LF, Step LF back, Close RF next to LF, Step LF fwd, Hitch R

---