

Understand Your Man

拍數: 32 牆數: 2 級數: Improver
編舞者: Peter Thijssen (NL) & Iet Leijsten (NL) - August 2017
音樂: Understand Your Man - Johnny Cash



Intro: 16 count, start on vocals

Lock Step Forward, Lock Step Forward, Mambo Step Forward, Shuffle 1/2 Turn Left

1&2 step forward on right foot, Step left foot behind right foot, step forward on right foot
3&4 step forward on left foot, step right foot behind left foot, step forward on left foot
5&6 rock right foot forward, recover on left foot, step right foot next to left foot
7&8 1/4 turn left on left foot (09:00), step right foot next to left foot, 1/4 turn left on left foot (06:00)

Toe-Heel-Stomp, Toe-Heel-Stomp, Vine Right with Scuff, Vine left with 1/4 Turn Left & Scuff

9&10 touch right toe next to left foot, touch right heel next to left foot, stomp right foot forward
11&12 touch left toe next to right foot, touch left heel next to right foot, stomp left foot forward
13&14 step right foot to right side, step left foot behind right foot, step right foot to right side
& scuff left foot forward
15&16 step left foot to left side, step right foot behind left foot, 1/4 turn left on left foot (03:00)
& scuff right foot forward

Shuffle Forward, Stomp Fwrd, Heel Split, Stomp Fwrd, Heel Split, Rock Fwrd, Recover, 1/4 Turn Left

17&18 step right foot forward, step left foot next to right foot, step right foot forward
19&20 stomp left foot forward, turn both heels out, turn both heels in (weight LF)
21&22 stomp right foot forward, turn both heel out, turn both heels in (weight RF)
23&24 rock left foot forward, recover on right foot, 1/4 turn left on left foot (12:00)

Side Rock, Recover, Cross Shuffle, 1/4 Turn Right, 1/4 Turn Right, Shuffle forward

25-26 rock right foot to right side, recover on left foot
27&28 cross step right foot over left foot, step left foot to left side, cross step right foot over left foot
29-30 1/4 turn right on left foot step back (03:00), 1/4 turn right on right foot step forward (06:00)
31&32 step forward on left foot, step right foot next to left foot, step forward on left foot

START AGAIN

TAG after Wall 2 (facing 12:00):

Rock Forward, Recover, Shuffle Back, Rock Back, Recover, Shuffle Forward

1-2 rock forward on right foot, recover on left foot
3&4 stap back on right foot, step left foot next to right foot, step back on right foot
5-6 rock back on left foot, recover on right foot
7&8 step forward on left foot, step right foot next to left foot, step forward on left foot