

Feels With Me

COPPER **KNOB**
BY STEPHENETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Isabelle Biasini (FR) & Jérôme VERGOIN (FR) - July 2017
音樂: Feels by Calvin Harris, Pharrell Williams, Katy Perry, Big Sean (101 BPM)



Intro: 32 counts

S1: L STEP, R 1/8 TURN CROSS RF, SIDE, CROSS, SIDE CROSS BEHIND SIDE, SIDE CROSS BEHIND SIDE, STEP

1-2-3-4 LF Fwd, Turn upper body slightly to the R & cross RF over LF (To 12.00), LF Fwd (To 12.00), RF cross over LF (To 12.00)

On counts 2-3-4 do reels with R arm

5&6 LF diagonaly L Fwd, RF cross behind LF, LF diagonaly L Fwd.

7&8 RF diagonaly R Fwd, LF cross behind RF, RF diagonaly R Fwd, LF Fwd. (12.00)

S2: STEP 1/2 TURN, TRIPLE FWD, DIAMOND L 1/4 TURN,

1-2 RF Fwd, L 1/2 Turn LF Fwd. (6.00)

3&4 Triple Lock Fwd RF, LF, RF.

5&6 LF cross over RF, L 1/8 Turn RF Bwd, LF Bwd. (4.30)

7&8 RF Bwd, L 1/8 Turn LF to the L, RF Fwd. (3.00)

S3: MAMBO FWD, TRIPLE BACK JUMPS, COASTER STEP, FLICK, 1/2 TURN HOOK, STEP

1&2 Rock LF Fwd, Recover, LF next RF.

3&4 3 little jumps Bwd on both feet. For the style raise your arms at shoulders level (Keep weight on RF)

5&6 LF Bwd, RF next LF, LF Fwd.

7&8 Flick RF, R 1/2 Turn (weight on LF) RF Hook over L Knee, RF Fwd. (9.00)

S4: R 1/4 TURN L VINE, CROSS MAMBO, CROSS OVER, SIDE, CROSS BEHIND, R SIDE ROCK, R 1/4 TURN RECOVER, HITCH

1&2 R 1/4 Turn LF to L Side, RF cross behind LF, LF to L Side. (12.00)

3&4 Cross Rock RF over LF, Recover on LF, RF to R Side.

5&6 LF cross over RF, RF to R Side, LF cross behind RF.

7&8 R Side Rock on RF, Recover on LF, R 1/4 Turn with Hitch R Knee. (3.00) (For the style point each index finger up)

S5: STEP RIGHT, TOUCH L, HITCH L, STEP LEFT, HOLD, BALL STEP, 1/4 TURN R, STEP L FORWARD, PIVOT 1/2 TURN R

1&2 RF to R Side, LF Touch next RF, Hitch L Knee (3.00) (For the style point each index finger up)

3-4 LF to L Side, Hold.

8&5-6 RF next LF, LF to L Side, R 1/4 Turn RF Fwd. (6.00)

7-8 LF Fwd, R 1/2 Turn (Keep weight on LF). (12.00)

S6: PRESS ROCK STEP, RECOVER, COASTER STEP, STEP L FWD, SWIVEL L, BACK L TRIPLE WITH BODY ROLL

1-2 Rock RF Fwd (slightly bent), Recover on LF(12.00)

3&4 RF Bwd, LF Next RF, RF Fwd.

5&6 Ball LF Fwd, Turn L Heel to L, Return to center.

7&8 LF Bwd, RF next LF, LF Bwd. (12.00) (Doing a Back Body Roll on steps)

S7: STEP R FORWARD, STEP L FORWARD, SWIVEL HEEL 1/2 TURN R, HITCH R, FUNCKY STEP DIAGONAL R, 1/8 TURN STEP L, 1/4 TURN R STEP R

- 1-2 Walk RF, LF (12.00)
- 3-4 Raise up both Heels and R ½ Turn (weight on LF), Hitch R Knee. (6.00)
- 5&6 RF R Diagonaly Fwd (Knees slightly bent and split), LF next RF (Knees to center), RF R Diagonaly Fwd. (Knees slightly bent and split) (4.30)
- 7-8 L 1/8 Turn LF to L Side (Snake Body Roll to L), (6.00) , R ¼ Turn RF to R Side (R Snake Body Roll) (9.00)

S8: STEP LF FORWARD, POINT R TO RIGHT, STEP RF FORWARD, POINT L TO LEFT, MAMBO FWD, L ¼ TURN LARGE SIDE STEP, DRAG L HEEL NEXT RF

- 1-2 LF cross over RF, Point RF to R Side (9.00)
- 3-4 RF cross over LF, Point LF to L Side.
- 5&6 Rock LF Fwd, Recover on RF, LF next RF.
- 7-8 L ¼ Turn Big Back Step on RF, Drag LF Heel next RF & Touch. (Keep weight on RF) (6.00)

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