

Ta-Ta

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Pat Esper (USA) - August 2017
音樂: Walking Away - Craig David



No Tags/Restarts

[1-8]: Walk, Walk, Anchor step, Coaster step, Step, Step

- 1-2. Step forward on the right foot. Step forward on the left foot.
3&4. Rock the ball of the right foot behind the left, Recover on the left foot, Step slightly back on the right foot.
5&6. Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.
7-8. Step forward on the right foot. Step the left to the side to be shoulder width apart from the right.

[9-16]: Ball step, Hold, Ball Step, Hold, Sailor step, Sailor step

- &1-2. Lift up on the ball of the right foot and slide the right next foot next to the left, step the left foot to the side. Hold.
&3-4. Lift up on the ball of the right foot and slide the right next foot next to the left, step the left foot to the side. Hold.s
5&6. Step the right foot behind the left, Step the left foot to the side, Step the right foot in place.
7&8. Step the left foot behind the right, Step the right foot to the side, Step the left foot in place.

[17-24]: Step, Turn step, Step-lock-step, Rock, Recover, Step half turn, Half turn sweep.

- 1-2. Step the right foot behind the left. Turn a quarter turn left stepping forward on the left.
3&4. Step forward on the right foot, Step/lock the left foot behind the right, Step forward on the right foot.
5-6. Rock forward on the left foot. Recover on the right foot.
7&8. Turn a half turn to the left stepping forward on the left foot. Point the right toes to the side sweeping the floor while making a half turn to the left.

[25-32]: Cross, Step back, Crossing triple back, Crossing triple back, Side, Together

- 1-2. Step the right foot over the left. Step back on the left foot.
3&4. Step back on the right foot, Step the left foot over the right, Step back on the right foot.
5&6. Step back on the left foot, Step the right foot over the left. Step back on the left foot.
7-8. Step the right foot to the side. Step the left foot next to the right.

Start again