拍數： 128 病數： 1
級數：Phrased Easy Intermediate
編舞者：Sally Hung（TW）－August 2017
音樂：Thumb Up（엄지 척）－Hong Jin Young（홍진영）

## Sequence of dance：ABC／ABCB／ABCC（24）

Intro： 32 counts
SECTION A（64 COUNTS）
A1．WEIGHT SHIFT ON RLRL，SIT，HOLD，SIT，HOLD
1，2，3，4 Step $R$ to $R$ side with weight on $R$ ，shift to $L, R, L$（with hands waving）
$5,6,7,8 \quad$ Sit on $R$ with $L$ toe touching to the $L$ ，hold，sit on $R$ with $L$ toe touching to the $L$
A2．WEIGHT SHIFT ON LRLR，SIT，HOLD，SIT，HOLD MIRROR STEPS OF A1

A3． $1 / 4$ L WALK BACK R－L， $1 / 2$ R，TOUCH，WALK BACK L－R－L， $1 / 4 \mathrm{~L}$ TOUCH
$1,2,3,4 \quad$ Make a $1 / 4$ turn $L$ stepping back on $R-L, 1 / 2 R$ ，touching $L$ beside $R$
$5,6,7,8 \quad$ Walk back on $L-R, 1 / 4 \mathrm{~L}$ ，touch $R$ beside $L$

## A4．SIDE TOUCH，SIDE TOUCH，WEIGHT ON R WITH R FIST KNOCK TWO TIMES WEIGHT ON L WITH FIST KNOCK TWO TIMES

1，2，3，4 $\quad$ Step $R$ to $R$ side，touch $L$ beside $R$ ，step $L$ to $L$ side，touch $R$ beside $L$
$5,6,7,8 \quad$ Weight on $R$ with $R$ fist knock two times，weight on $L$ with $L$ fist knock two times
A5．WALK DIAGONAL R，KICK BALL CHANGE X2
1，2，3，4 Walk diagonal R on RLRL
5\＆6，7\＆8 Kick $R$ fwd，step on ball of $R$ ，step $L$ in place，kick $R$ fwd，step on ball of $R$ ，step $L$ in place

## A6．WALK CLOCKWISE ON RLRLRL，TRIPLE STEP

1，2，3，4，5，6 Walk clockwise direction on RLRLRL（back to 12：00）
7\＆8 Triple step in place on RLR
A7．WALK DIAGONAL L，KICK BALL CHANGE X2 MIRROR STEPS OF A5

A8．WALK ANTICLOCKWISE ON LRLRLR，TRIPLE STEP MIRROR STEPS OF A6

SECTION B（32 COUNTS）
B1．CROSS SIDE BEHIND SIDE（X2）
1，2，3，4
Cross $R$ over $L$ ，step $L$ to $L$ side，cross $R$ behind $L$ ，step $L$ to $L$ side
5，6，7，8
Repeat 1－4

B2．CROSS ROCK，RECOVER，SIDE ROCK，RECOVER，CROSS ROCK RECOVER，SIDE ROCK，HOLD
1，2，3，4 Cross rock $R$ over $L$ ，recover onto $L$ ，rock $R$ to $R$ side，recover onto $L$
$5,6,7,8 \quad$ Cross rock $R$ over $L$ ，recover onto $L$ ，rock $R$ to $R$ side，hold（weight on $R$ ）

## B3．CROSS SIDE BEHIND SIDE（X2） <br> MIRROR STEPS OF B1

B4．CROSS ROCK RECOVER，SIDE ROCK RECOVER，CROSS ROCK RECOVER，SIDE ROCK，HOLD MIRROR STEPS OF B2

## SECTION C (32 COUNTS)

C1. SIDE TOGETHER, SIDE TOGETHER, SIDE. SIDE TOGETHER, SIDE TOGETHER, SIDE
1,2,3\&4 Step $R$ to $R$ side, step $L$ together, step $R$ to $R$ side, step $L$ together, step $R$ to $R$ side
$5,6,7 \& 8 \quad$ Step $L$ to $L$ side, step $R$ together, step $L$ to $L$ side, step $R$ together, step $L$ to $L$ side
C2. SIDE TOGETHER X4
1,2,3,4 Step $R$ to $R$ side, touch $L$ together, step $L$ to Lside, touch $R$ together
5,6,7,8 Repeat 1-4
C3. VINE R WITH TOUCH, CHASSE L, BACK ROCK RECOVER
1,2,3,4 Step $R$ to $R$ side, cross step $L$ behind $R$, step $R$ to $R$ side, touch $L$ beside $R$
5\&6,7,8 Step $L$ to $L$ side, step $R$ together, step $L$ to $L$ side, rock back on $R$, recover onto $L$
C4. CROSS, POINT, CROSS POINT, BACK, POINT, BACK POINT
1,2,3,4 Cross step $R$ over $L$, touch $L$ to $L$ side, cross step $L$ over $R$, touch $R$ to $R$ side
$5,6,7,8 \quad$ Step back $R$ behind $L$, touch $L$ to $L$ side, step back $L$ behind $R$, touch $R$ to $R$ side

## Have Fun!

Contact Sally Hung: hung1125@gmail.com

