

# In The Blood

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Tessa Jansen (NL) - August 2017  
音樂: In the Blood - John Mayer : (iTunes)



Intro: 16 counts

**Section 1: R Shuffle Fwd, Cross, 1/8 Turn L Back, Back, Back, 1/8 Turn L Side, Cross, Side, Cross Rock, Side**

1&2            Step Fwd on RF, Step LF next to RF, Step Fwd on RF  
3&4            Sweep LF from back to front and Cross LF over RF, 1/8 Turn L Step Back on RF, Step Back on LF (10.30)  
5&6            Step Back On RF, 1/8 Turn L Step LF to L Side, Cross RF Over LF (9.00)  
&7-8&        Step LF to L Side, Cross Rock RF, Recover on LF, Step RF to R Side

**Section 2: Cross, Side, Back, Coaster Step, 1/2 Pivot R, 1/2 Turn R Back, 3x Walk Back**

1&2            Cross LF over RF, RF Step to R Side, Step Back on LF  
3&4            Sweep RF From Front to Back and Step Back on RF, Step LF next to RF, Step Fwd on RF  
5&6            Step Fwd on LF, 1/2 Pivot Turn R, 1/2 Turn R Step Back on LF (09.00)  
7&8            3x Walk Back R,L,R

**Section 3: Back Rock/Recover, R 1/2 Turn Back, 1/4 Turn R Chassé, Cross Rock, Side Rock, 1/4 Turn L Jazzbox**

1&2            Back Rock on LF, Recover on RF, 1/2 Turn R Step Back on L (03.00)  
3&4            1/4 Turn R Step R to R Side, Step LF next to RF, Step RF to R Side (06.00)  
5&            Cross Rock LF over RF, Recover on RF  
6&            Rock LF to L Side, Recover on RF  
7&8            Cross LF Over RF, 1/4 Turn L Step Back on RF, Step Fwd on LF

**Section 4: 2 Traveling Touches, Shuffle, Rock/Recover, 1/2 Turn L Fwd, Full Turn L**

1&2&        Touch R Toe Fwd, Step RF Fwd, Touch L Toe Fwd, Step LF Fwd (Travel Slightly Fwd)  
3&4            Step RF Fwd, Step LF next to RF, Step RF Fwd  
5&6            Rock LF Fwd, Recover on RF, 1/2 Turn L Step LF Fwd  
7-8            1/2 Turn L Step RF Back, 1/2 Turn L Step LF Fwd (09.00) (Option: 2 Walks; R, L)

**TAG: You will hear it very easy. :-)**

**After Walls 1,2,3,4,5**

**Wall 1,3:**

1-2            Hip Sway R, Hip Sway L  
3-4&        R Rock Fwd, Recover On L, Step R next to L  
5-6&        L Rock Fwd, Recover On R, Step L next to R

**Wall 2,4,5:**

1-2            Hip Sway R, Hip Sway L

**ENDING: Wall 9 starts at 00.00**

**Dance untill count 6 from Section 2 you will be facing 9.00;**

**1/4 Turn R make a big step with RF to R side, drag LF towards RF and you will face 00.00**

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**Last Update - 19th Aug 2017**